



ZONTA
CLUB OF
ADELAIDE HILLS INC
MEMBER OF ZONTA INTERNATIONAL
EMPOWERING WOMEN
THROUGH SERVICE & ADVOCACY

BULLETIN

ZONTA CLUB OF ADELAIDE HILLS, INC FEBRUARY 2018

Dinner Meeting Wednesday
February 28th 2018

Belair Hotel

Main Road, Belair.

6:30 for 7.00pm start

Thanks/Objects:

Introduction:

Guest Speaker: Planning meeting

VOT:

Cashier: Margaret Bunfield

REMEMBER:

Please call, text, or email **Lynda A'Bear** by Monday before the meeting if you are unable to attend on **0409702551**

Next Board Meeting: March 14th

To be held at the home of Sharon Geue

On the website at

<http://www.zontaadelaidehills.org.au/business/resources.html#forms>

We have a number of useful items for you to download and use when you need them:

Prospective Member's Forms

Letterhead with our new PO Box

The Zonta dinner flyer and more

Contact us:

PO Box 799 Blackwood, SA 5051

zcahills@gmail.com

website: zontaadelaidehills

DIARY DATES

28th February Dinner meeting – Belair Hotel

8th March – International Women's Day Breakfast

PRESIDENTS REPORT

PRESIDENT'S REPORT FOR FEBRUARY 2018 NEWSLETTER

Dear Club Members,

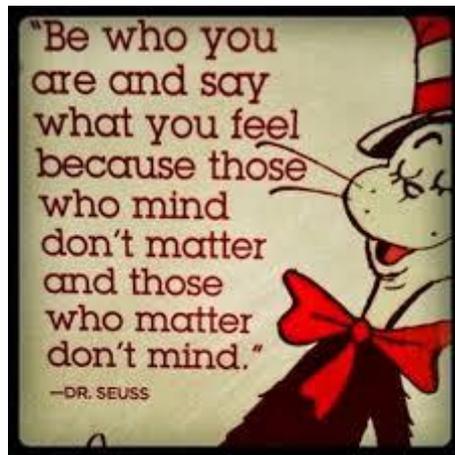
What a wonderful start to the year to learn that Julie Monis-Ivett OAM has been recognised for her tireless voluntary work for Birthing Kits and for people in DR Congo. Such an honour for Julie but also for our club and all those Zontians who have worked with Julie over the years. We are planning a special celebration at the Area Workshop on 5 May.

I recently enjoyed a family reunion in New Zealand and was thrilled that one of our cousins knew about Zonta International, as the Tauranga Zonta Club fundraise for a medical mission ship to serve the Pacific region. Such great projects are why we become Zontians and why people support us, which is why our planning meeting on 28 February is so important. We need as many members as possible to attend, so that we can plan projects, fundraisers and social events that engage and enthuse us all.

I look forward to seeing you all at the Belair Hotel for a lively and constructive planning meeting.

Yours in Zonta,

Lynda



Advocacy Committee

As usual this year, several members of our committee will be attending the International Women's Day Breakfast, along with almost 3,000 other South Australians.



8 March

International Women's Day belongs to all communities everywhere - governments, companies, charities, educational institutions, networks, associations, the media and more.

In 1910, Clara Zetkin, the leader of the Women's Office for the Social Democratic Party in Germany tabled the idea of an International Women's Day at the second International Conference of Working Women in Copenhagen. The proposal received unanimous assent from over one hundred women representing seventeen countries.

The very first International Women's Day was held the following year on March 19th. Meetings and protests were held across Europe with the largest street demonstration attracting 30,000 women. In 1913, IWD was transferred to March 8th and has been held on this day ever since.

In December 1977, the General Assembly adopted a resolution proclaiming a United Nations Day for Women's Rights and International Peace to be observed by Member States. In adopting this resolution, the General Assembly recognized the role of women in peace efforts and development and urged an end to discrimination and an increase of support for women's full and equal participation.

The [World Economic Forum's 2017 Global Gender Gap Report](#) findings show that gender parity is over 200 years away. The theme for the International Women's Day 2018 Campaign is **#Press for Progress** to encourage a commitment to press for progress on gender parity in your own sphere of influence.



In honour of International Women's Day each year on 8 March, the Zonta International Foundation celebrates Rose Day. To show your appreciation to the women you admire, who will stand beside you in your endeavours, make a donation to the Rose fund in their honour.

Some milestones in the continuing battle for gender parity:

- **1919 - Minimum wage for women's work set at 54 per cent of the male rate.**
A minimum wage was set as part of the 1919 Clothing's Trades Case
- **1950 - First determination of a female basic wage.**
The Commonwealth Arbitration Court set this at 75% of the male basic wage.
- **1966 - Married women allowed to work in the Commonwealth Public Service.**
The bar on employment of married women meant they could only be employed as temporary staff; restricting their promotion opportunities and their ability accumulate superannuation. The removal of the bar marked not only the trigger for greater numbers of women working in the APS but also the evolution of the integration of women's issues into public policy.
- **1971 – Loans granted to women without requiring a male guarantor**
Following a campaign from women's liberation activists, the Bank of New South Wales (now Westpac) became the first to grant the loans.
- **2000 - Equal Opportunity for Women in the Workplace Act introduced.**
The *Equal Opportunity for Women in the Workplace Act 1999* required a range of organisations with more than 100 people to establish a workplace program to remove the barriers to women entering and advancing in their organisation.

Advocacy Committee

Di Bartel, Bev Hocking, Diane Strutton, Pam Mayer, Margaret Bunfield, Jane Abdilla

ALEX'S MUESLI (As served at the Amelia Brunch)

1 x packet rolled oats

1 cup coconut flakes or shredded coconut

$\frac{3}{4}$ cup sunflower seeds

$\frac{1}{2}$ cup pepitas (pumpkin seeds)

$\frac{1}{4}$ cup chia seeds

$\frac{3}{4}$ cup roughly chopped cashew nuts

$\frac{3}{4}$ cup roughly chopped macadamias

$\frac{3}{4}$ cup roughly chopped almonds

Combine in a large mixing bowl with about $\frac{3}{4}$ cup honey and $\frac{1}{2}$ cup maple syrup. Experiment a little; you need enough to coat the mix. (I used all maple syrup, about 1 cup, when I made it the other week)

Spread over two large trays and place in the oven at 160 deg fan forced, for about 15 minutes, stirring the mix about half way through to prevent it singeing.

Then add $\frac{2}{3}$ cup chopped dried apricots and $\frac{1}{2}$ cup dried cranberries (I also added some dried apple) and continue cooking for another 10 minutes, again stirring it through about half way.

Always keep an eye on it as it can tend to burn around the edges.

Allow to cool on racks then store in an air tight container.

You can add extra fruit, delete the nuts or make it any way you want, it's delicious!



MARCH BIRTHDAYS

5TH March Barb Waddell-Smith

10th March Marilyn Little

24th March Pam Mayer

30th March Jane Abdilla

HAPPY BIRTHDAY TO YOU ALL.

It has been very humbling and overwhelming but also very exciting time to receive the OAM this year for “service to the international community through health support programs”

It recognises the combined accomplishments of 3 organisations, initially Zonta, then the BKFA, and finally working in DR Congo with MHCDSA.

Anyone in our club knows this could never have been achieved without the combined efforts of our dedicated team within our club and support from Zonta nationally. It has been a long but very rewarding journey since 1999 when the birthing kit concept took off. Who would have known where it would grow? In hindsight would we have worked as hard as we did had we known the commitment that would be needed, I think probably not.

However, with 1.9 million kits now being made, and over 15,000 Traditional Birth Attendants (TBAs) being trained, we know many thousands of women and babies are alive today because of our hard work, which makes it all worthwhile.

Every committee in these 3 organisations has been dedicated and hardworking comprising primarily of Zontians. It speaks volumes for Zontians!!!!

The bonus for me has been working in DR Congo with Dr Luc Mulimbalimba the Director of Mission in Health Care and Development (MHCD), and forming his MHCD Australian Support Association. As Program Manager for 10 years for the BKFA in DR Congo, I watched as his programs developed from simple kit distribution, to the personal training of over 1000 TBAs, to train the trainer programs where over 5000 TBAs are reported to have been trained, to now having the first nurses graduate this year from his 4 year accredited midwifery program. Our MHCDSA committee works tirelessly to send containers, fundraise and support the many MHCD programs.

Dr Luc recently received recognition as the best human rights leader in the DR Congo, helping vulnerable people and promoting community development. He is the first development leader and government official to receive such recognition, and was also honoured for his work as the provincial minister for internal security by the UN. We are so fortunate to work with this man.

In reality it has been a massive amount of work but all so rewarding.

I especially wish to thank my Zonta club members for nominating me – it has been a huge honour.

I am very thankful that I joined Zonta 30 years ago. **Julie Monis-Ivett OAM**

