



ZONTA
 CLUB OF
 ADELAIDE HILLS INC
 MEMBER OF ZONTA INTERNATIONAL
 EMPOWERING WOMEN
 THROUGH SERVICE & ADVOCACY

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★ Chartered 8TH June 1987 ★ Zonta International, District 23, Area 2, Club No. 1180

Honour & Empower



ZAH News
November
2019

Zonta International

- ★ **Mission** Zonta International is a leading global service organisation of professionals empowering women worldwide through service and advocacy.
- ★ **Vision** Zonta International envisions a world in which women's rights are recognised as human rights and every woman is able to achieve her full potential. In such a world, women have access to all resources and are represented in decision making positions on an equal basis with men. In such a world, no woman lives in fear of violence.
- ★ **Theme** Empowering Women through Service and Advocacy.

Save the date:

2019 November	Wed 27 th	Our Christmas Dinner Meeting, Artisan Café, 252 Main Road, Blackwood. Guest speaker: Libby Kosmala, Paralympian Athlete. Please generously donate a grocery item/s to Beacon. Also a gift (unwrapped) for a child from Second Chances.
Dec	Fri 6 th	Blackwood Christmas Pageant.
	Sat 7 th and Sunday 8 th	Christmas Tree Festival, Blackwood Community Centre, 4 Young Street, Blackwood. 10 am to 4 pm.
2020 January		.
	Sun 19 th	Amelia Earhart cocktails & fellowship by the pool, \$15. Sharon Geue's home, 2 to 5 pm.
	Sat 25 th	Bunnings Edwardstown Sausage Sizzle, 7 am to 5 pm.
July	4 th to 8 th	Zonta International Convention, Chicago, USA

As its Christmas and many people are unable to afford a decent meal, you will have the opportunity to give non-perishable food items to Beacon for their Christmas food hampers. This is our only project for our local community. Please pass onto Lynda at our Christmas Dinner Meeting & she will ensure Beacon receive the goods before 9th December. Cash donations are also most welcome.

Next Dinner Meeting:

Wed 27th November 2019
Artisan Café, 252 Main Road, Blackwood.

Roster:

Objects: Julie Monis-Ivett
 Intro: Amanda Waldoock
 Vote of thanks: Susie Clark.

REMEMBER: If unable to attend the meeting please contact Margaret Granger by the Monday before the meeting on 0408814106.
 Email: marg.granger@gmail.com.

A thought for the day:

There is no passion to be found playing small – in settling for a life that is less than one you are capable of living. Nelson Mandela.

Birthdays:

Margaret B – 12 Jan
 Sharon – 15th Jan



From the President

We are fast approaching the end of the year and our last dinner meeting for 2019 is this coming week. I look forward to catching up with family and friends as well as all our members at the Artisan Café for a sociable night with limited business. We will have 3 special 'guests' this week as it will be the first outing for our 'Orange Ladies'. They won't make much noise but I'm hoping you will make them feel welcome all the same. I think we have worked very hard this year on many levels and we deserve a relaxing and fun filled evening. I would like to take this opportunity to thank all members of our wonderful club for your dedication to the cause and for doing those extra things we needed to do this year to celebrate the 100th anniversary of the creation of Zonta International. Here in South Australia we also celebrated the 125th Anniversary of women getting the vote and at the same time becoming the first place in the World to have the right to stand for Parliament.



Above: Meet Wendy (8 years old) on the left and Bev (40 something) two Coats on— maybe a few more to go!

Whilst in the realm of legislature I feel that I must comment on the bill which would have seen sex work decriminalized in South Australia and bring us in line with most other Australian states. Many Zonta members from all over South Australia quietly supported the elected members in both houses by

taking seats in the visitor's gallery and sending letters of support as they grappled with the intricacies of getting this legislation through. Sadly, it was defeated by a small margin recently in the House of Assembly after winning the majority by a good margin in the Legislative Council earlier this year. It was particularly disappointing as this was a year that South Australia was celebrating a great world first in legislation 125 years ago. I am proud of how our club articulated the importance of this issue to many Members of Parliament through our letter and of how many clubs in our area combined to support this basic human rights and Women's health issue. I know we will not give up whilst any sector of women in our community suffer under sub standard living and working conditions.



Above: Di checks in from the Town Hall stage as she gets the A/V sorted out on Sunday before the Expect Respect event

On a lighter note, this month we held our Expect Respect Community event. It is always a great hour spent in Mt Barker with the year 4 and 5 students, teachers and parents. This year was no exception, we had a change of venue because the Mt Barker Library had limited space this year due to renovations going on there. So, we used the Town Hall, the tricky bit was that we needed to set the

display up on the Sunday and then take it down the following day after the event. The library were still able to support the exhibition as we gave them a digital version of all posters and that has been running on continuous loop in the Library on a large screen. I am so grateful to all our members who came along on the Sunday to erect the whole display. I must say thou it went very well, and I at least had a lot of fun. I'm also in awe of the organizational skills and efficiency of Pam, Di and all who supported them to set up and cater on the morning of the 28th.



Above: The display assembly team - all done!

Below: Lynda beside the rolling display of all 138 posters at the Mt Barker Library



It was great to see the staff from the library and our key supporters, the Anglican Mother's Union there to celebrate the children's work. This year we were lucky to have two fabulous engaging and entertaining speakers in Aly Clarke (ABC Breakfast radio presenter) and Derrick McMannus (White Ribbon Ambassador). The students of St Francis de Sales joined with Mount Barker South Primary to create a whopping 138 students involved and mostly present at the event. This year I needed 3 yoyo biscuits to go with my tea as I signed the many certificates going out to the students. I love this part of my job as President. I get to witness and

privately thank each and every child who has done the Expect Respect workshop and made a poster. I'm sure many of those children will have been touched by the respectful relationships' messages over the months and I hope this will contribute to a more equitable and safe future for them and their community.



Quickly on the heels of Expect Respect came the Gala Dinner at the Grand Chancellor Hotel. The usual flurry of preparation, final rehearsals and anxious moments getting our little skit ready were followed by a truly enjoyable and thoroughly Zonta evening of fun, dance and fellowship. Joy, Doone, Lynda, Pru, Tim, Ant and our special guest (and Star of the show), Vicki Arnold did our thing and from all accounts it was well received. Many Zontions contributed to our presentation and we are most grateful to all who helped over the months. A short skit does require quite a bit of effort to get right as it turns out! It was quite a learning curve but nonetheless a great experience. We heard from some wonderful speakers on the night not the least of which was Natasha Stott Despoja (AO, Founding Chair of "Our Watch") as she accepted our District 23 Centennial Recognition Award. *The Mary's* then rocked the room as they entertained us with their quirky style on stage with 50's 60's and 70's music covers. Lots of picture from the night follow my report.

Next year we will be missing one of our long-time members as Barbara Waddell-Smith is taking 12 months leave. I'm sure I speak for all the club when I say a heartfelt thank you Barbara for your consistent and thorough work over the 14 years (so far) you have spent with us. Your minute taking and

organization of so many sewing days which has supported our service work will be missed. We wish you good health and a nice break next year.

This issue of ZAH News has lots of interesting items. Please enjoy reading about Coraine's escapades and also the low down on our first foray into exhibiting at the Blackwood Rotary Fair. This year has certainly had its share of firsts!

I apologize that this report is very long. I have so much more I could share but I shall save the rest of my reflections for the Annual Report. Please send into me any photos and thoughts you have on our activities this year as I gather data and moments for that over Summer.

Bev Hocking President ★



The Rotary Fair



Our stall at the Rotary Fair. From left: Sharon Geue, Doone Winnall and Julie Monis-Ivett.

Our club participated in the Blackwood Rotary fair this year for the first time on Sunday the 17th November.

It was an early start after the Gala Dinner the night before, but we were soon set up and greeting people at 9am.

Our stall had displays of most of our projects including Birthing Kits and the Expect Respect Project, plus books and bric-a-brac for sale.

We were able to chat to locals about Zonta and our projects, as well as take down contact details of women interested in joining club and/or supporting future fundraisers. Many of them had heard of the Birthing Kits but not necessarily of Zonta and I'm very happy to report that two of these women are attending our next dinner meeting.

Although our stand was a bit tucked away at the back of the fair area, it was a very pleasant day and we gained important information for future participation and exposure for next year.

Sharon Geue
Fundraiser Coordinator

More people are going hungry



Foodbank SA's Monique Cesana offers help to "Caylee" and her children.

Picture: TRICIA WATKINSON

MAIN REASONS FOR SEEKING FOOD RELIEF

Unexpected bills - 65,963 people (49 per cent)
 Low income or pension - 56,540 (42 per cent)
 Rent/mortgage payments - 45,770 (34 per cent)

DEMAND FOR FOOD

2019 - 134,620 South Australians/month (up 15 per cent from previous year)

2018 - 114,427/month

PEOPLE ASSISTED BY FOODBANK MONTHLY

2019 - 126,000 (up 7.5 per cent from previous year)

2018 - 117,260 (up 14 per cent)

2017 - 102,718 (up 21 per cent)

2016 - 84,847 (up 47 per cent)

An unprecedented 134,620 South Australians are seeking food handouts each month, with Edwardstown Foodbank SA expecting a shortfall of 1.27 million meals by the year's end because of persistent, rising demand. Several thousand people are turned away from food relief agencies every month.

Single mothers affected by domestic violence are the most vulnerable, with unexpected bills and expenses, low incomes, and rent or mortgage payments, the top three causes for going with food.

Its women who will bear the brunt of the State's growing line of food poor. Vinnies Women's Crisis Centre Manager, Penny Ogden said women fleeing domestic violence often told her their first meal at the centre was the first proper meal they'd had in weeks. "The sad reality is that we are seeing more women and their families unable to put food on the table" she said.

From The Messenger October 23 2019



Thank you to all the wonderful Zontians who made Dr Luc Mulimbalimba and Delice Mulimbalimba so welcome at the Zonta 100th Anniversary Gala Dinner dance celebrations.

For a couple who have been through so many traumas and tragedy being forced to flee for their lives from their country it was the most relaxed and happiest I have seen them both.

It was lovely to see them let their hair down and really enjoy themselves along with our many Zontians who love a dance!!!!

Many thanks

Julie Monis-Ivett

**I Walk Around
Acting like
Everything is Ok..
But Deep Down
Inside
I want to put up
My Christmas Tree**



It's all fun and games 'till Santa checks the naughty list.

World Veteran Fencing Championships 2019 held in Cairo, Egypt.

Although the weather was hot the venue was air conditioned and once we were inside all was fine. For a small contingency we did well in the medal stakes and I was pleased with my Bronze in the 70+ Epee. A highlight for me was to go out into the city with Ola who was visiting family in Cairo during the competition. Ola coaches at "Fencing 4 All" club in Adelaide. We went site seeing together, coffee shops, souk, mosques, churches and a delicious evening meal.

The fencing was of a high standard, meeting up with fellow Aussie friends from all over and we had a lot of fun. The competition ran very smoothly with more than 800 competitors.

I managed to do some sightseeing after the comp as did many of us, Pyramids, Luxor Aswan, sometimes bumping into each other randomly in 3000+ year old temples.

A safe, fabulous and fun trip. Those who didn't attend missed a treat.

Coraine Sopru



Our donations are making a difference!



When President Susanne von Bassewitz led a Zonta delegation to Jordan for a site visit in late July, she had two questions in mind: "Are our donations making a difference to the Syrian refugee women and to vulnerable Jordanian women in the host communities?" and "Is the Eid bi Eid program being well managed?" The answer to both is an unqualified "Yes!"

All Zontians who have made a donation to the International Service Fund can be assured that their gift provides multi-fold and effective support that enables the women to build strengths and better provide for their families and children. The staff of UN Women were impressed with Zonta's commitment to this project and that we would make the effort to visit. For more information, visit [UN Women Jordan's website](#).

We hope you feel inspired by these women's stories and will consider making a donation to the International Service Program or our Ending Child Marriage project (ZISVAW Fund) in honor of the vision of our founders. We may never meet or know the women we support, but your donation—combined with thousands of others—is changing lives!

Zonta South Australian Clubs meeting nights

Adelaide 1st Wednesday	Adelaide Flinders 3rd Wednesday
Adelaide Hills 4th Wednesday	Adelaide Torrens 2nd Tuesday
Para District 1st Tuesday	Fleurieu Peninsula 4th Tuesday
Gawler 2nd Wednesday	Noarlunga S.Vales 4th Wednesday
Mt Barker 3rd Tuesday	Port Lincoln 4th Tuesday
Riverland 1st Tuesday	Lower Eyre 3rd Tuesday

Our club meets on the fourth Wednesday of the month
6:30pm for 7:00pm start at
Belair Hotel 141.Main Road Blackwood South Australia

Zonta Club of Adelaide Hills Leadership Team 2018 – 2019

President: Bev Hocking
Vice President: Amanda Waldock
Secretary: Pam Mayer
Treasurer: Margaret Granger
Directors: Lynda A'Beir (Past President)
Jill Heylen: (Service Convenor)
Sharon Geue: (Fundraising Facilitator)
Di Bartel: (Advocacy Convenor)

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