



**ZONTA**  
 CLUB OF  
 ADELAIDE HILLS INC  
 MEMBER OF ZONTA INTERNATIONAL  
 EMPOWERING WOMEN  
 THROUGH SERVICE & ADVOCACY

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★ Chartered 8<sup>TH</sup> June 1987 ★ Zonta International, District 23, Area 2, Club No. 1180

Honour & Empower



**ZAH News**  
**February 2020**

## Zonta International

- ★ **Mission** Zonta International is a leading global service organisation of professionals empowering women worldwide through service and advocacy.
- ★ **Vision** Zonta International envisions a world in which women's rights are recognised as human rights and every woman is able to achieve her full potential. In such a world, women have access to all resources and are represented in decision making positions on an equal basis with men. In such a world, no woman lives in fear of violence.
- ★ **Theme** Empowering Women through Service and Advocacy.

### Save the date:

2020 Feb	Wed 26 <sup>th</sup>	Dinner meeting. Guest speaker: Ella Stratton, Paediatric Palliative Care.
March	Frid 6 <sup>th</sup>	Adelaide International Women's Day luncheon 11.45 am. Adelaide Convention Centre, \$65.
	Sun 8 <sup>th</sup>	Zonta Rose Day & International Women's Day.
	Sat 14 <sup>th</sup>	Movie fundraiser "Emma", 3.00 pm, \$25 The Capri Goodwood.
	Sun 22 <sup>nd</sup>	Zahra Foundation Women on the Run 2020.
	Wed 25 <sup>th</sup>	Dinner meeting. Guest speaker Dr Jenny Tilby-Stock. Topic: History of the first 2 politicians in SA.
April	Sat 18 <sup>th</sup>	Area 2 Workshop. Basil Hetzel Institute, Woodville South. To be hosted by Adelaide Torrens Club.
April	Wed 22 <sup>nd</sup>	Dinner meeting. 2020 Annual General Meeting. Also Cameo by Susie Clarke.
May	Sun 17 <sup>th</sup>	2020 Pioneer Women's Trail Walk.
July	4 <sup>th</sup> to 8 <sup>th</sup>	Zonta International Convention, Chicago, USA.

### Next Dinner Meeting:

**Wed 26<sup>th</sup> February 2020**

#### Roster:

Objects: Sherry Proferes  
 Intro: Coraine Sopru  
 VOT: Judy Little  
 Cashier: Margaret Bunfield

**REMEMBER:** If unable to attend the meeting please contact Doone Winnall on 0422 024 240 by the Monday before the meeting.

#### A thought for the day:

Notice the rainbows after the rain, & when rain gets you down, create your own sunshine because you are the only one who can.  
*Cyndie Spiegel.*

#### Birthdays:

Barbara - 5<sup>th</sup> March  
 Marilyn - 10<sup>th</sup> March  
 Bev - 24<sup>th</sup> March  
 Pam - 24<sup>th</sup> March



## From the President

This month we are looking towards the end of the Zonta year and have just received the new Zonta International fee advise so we can discuss our fees for 2020 at the next Dinner meeting. Along with the fees due we also look forward to our Handover Dinner. I have asked Fiona Dorman, President of NCWSA to be our guest speaker for the evening. She has become a good friend of our club over the last few years and I'm excited to hear her speak. Heather Holmes-Ross, Mayor of Mitcham will also be attending. Please have a think about who you would like to invite to our handover too. It is a great evening on our calendar when we celebrate the work we have done over two years and the office bearers who have fronted our club for two years. This year we will be welcoming in new leadership members and I hope they will have the great good fortune to be supported as well as I have been by the Board. Family and friends traditionally attend to share in our celebrations so be generous with your own invitations to make a wonderful gala event of our Handover.

Please send in any photos and/or details you may have that you think would be good in our annual report.

I attended a meeting with Mitcham Mayor Heather Holmes-Ross last week and discussed a range of ways that our club could become more visible in the Mitcham area. We

investigated how we could run or participate in events, displays or promotion in the cultural hubs of Mitcham and Blackwood and along Belair Road and Main Road. I look forward to sharing these ideas with you all at the dinner meeting this coming week. Heather is very supportive of the work we do and is also passionate about advancing women's status and health in our community.

As the founding club of the Birthing Kit it will again be our honour to host the next big announcement for the BKFA. A small group of members have gathered to organise an event on March 31<sup>st</sup> for a soft launch of the renaming of the foundation and to showcase the new Eco aware version of the kits. It is good to see how the BKFA are responding to changing global needs and also towards making the kits sustainable within the communities they are used in.

I finish with a request to all members please to let Doone Winnall know as soon as you can if you are unable to attend the dinner meetings. Doone has taken on this additional role for us in the short term so I hope you have caught up with this information. I appreciate knowing if you cannot attend and your name is then also placed on the apologies list in the minutes.

Bev Hocking, President



## International Women's Day 2020 Adelaide IWD Breakfast

*Generation Equality*

Friday 6th March 2020  
Adelaide Convention Centre

Hosted by Senator Penny Wong  
Senator for South Australia



### Advance Notice

The Adelaide IWD Breakfast Committee and Senator the Hon Penny Wong are pleased to announce our 2020 Adelaide IWD Breakfast guest speaker will be

### Elizabeth Broderick AO

Elizabeth has brought together captains of industry, sport, governments and Defence Force chiefs to address gender inequality in Australia and beyond.



ZONTA  
INTERNATIONAL  
FOUNDATION

# ROSE DAY

8 MARCH

Zonta Rose Day and International Women's Day are celebrated on 8 March, a global day when women are recognized for their achievements.



**Jane Austen's  
EMMA**

**Saturday, March 14th 2020 at 3:00pm**  
(movie commences at 4:00pm)



at the newly refurbished

**CAPRI THEATRE**

141 Goodwood Road, Goodwood

**Tickets: \$25**

**Includes: movie ticket, afternoon tea and a raffle ticket**

**Tickets: <https://www.trybeckins.com/EICID>**

**Also available through club members**

All proceeds go to support the Expect Respect Initiative in schools, Breast Cushions, Birthing Kits, the Louise Place Project and other Zonta Projects in the local community and overseas.

## Amelia Earhart Cocktails and Fellowship by the Pool

Our Zonta year began with a wonderful afternoon with a social catch up and holding a fundraiser for the Amelia Earhart Foundation. On Sunday 19<sup>th</sup> January, Sharon & Tim Geue kindly hosted a 'Cocktails by the Pool' event for members, partners and guests. They provided their lovely home and pool at Hallett Cove, the weather was perfect for enjoying the view from the balcony with a 'cocktail' in hand or indulging in a swim. We all enjoyed the pleasant atmosphere & very relaxing event and all stayed into the late afternoon.



Alex & Jill



Tim, Bev, Sharon & Janet



Tim, Bev, Sharon, Janet, Jill, Amanda & David



Doone, Marilyn, Sharon, Amanda & guest Julie

**Never look down on anybody unless you're helping them up.**

*Jesse Jackson*

## **The alliance for women's freedom, equity and respect.**

We are South Australia's peak body of domestic, family and sexual violence services. We lobby and advocate for women's rights to respect, safety and self-determination.

### **What we do**

- Lobby and advocate for women's rights to respect, safety and self determination
- Represent providers of specialist services in the domestic, family and sexual violence and related sectors, including services that work with men who use violence against women and Aboriginal specialist services
- Consult and collaborate with Government and non-Government on issues relating to gendered violence and women's safety
- Provide policy advice and submissions
- Coordinate events and community action promoting women's rights to freedom, equity and respect

### **Our vision**

**A society based on equity and respect for all women, in a world free from violence.**

*I was pleased to be invited to the rebranding launch of the Coalition of Women's Domestic Violence Services SA, now called Embolden. Susie Smith and Belinda Halliday are the co-chairs of this alliance, working to end violence against women and their children. Their colour is GOLD, to respect SA's suffrage movement and the light of the sun, a beacon and guiding light in dark places.*

*We wish them well in their new alliance.*

*Lynda A'Bear*



### **Zahra Foundation's Women on the Run 2020 - Sunday 22nd March**

Registrations are now open for the Zahra Foundation Women on the Run sponsored by Credit Union SA with support from Foodbank and SA Road Runners. The event is being held on Sunday 22 March 2020 at 0800 (for registration) and starting at 0900 and completing 1100 at the Grange Foreshore (opposite Grange Hotel).

Please visit [www.zahrafoundation.org.au/events](http://www.zahrafoundation.org.au/events) and register today as an:

- Individual \$ 30.00
- Family (maximum of 4) or \$ 70.00
- Team (maximum of 6). \$100.00

This year's 4 km fun run/walk event will be held on the 10th anniversary of Zahra's tragic death. The **2020 event** will allow us to reflect not only what a brave woman Zahra was, but also is a reminder of other women and children who often have to flee domestic or family violence with just a bag on their back.

This year you are encouraged to carry personal care/grocery items in your backpack to donate at the end of the 4 km run/walk to Foodbank. After registering for the event, you will find the link to commence your own fund-raising page.

Every participant will have access to a free coffee, sausage sizzle, massage and free running hat when crossing the finish line.

Please see how the Zahra Foundation is helping women and families affected by domestic and family violence by visiting [www.zahrafoundation.org](http://www.zahrafoundation.org).



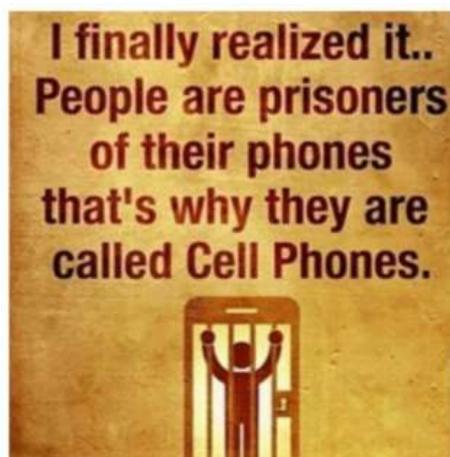
Experience the amazing journeys taken by our early German pioneer women as they carried their produce on foot from Hahndorf to Adelaide through the Adelaide Hills.

The Pioneer Women's Trail is approximately 26km long and mainly follows country roads, lane ways and bush tracks through a delightful section of the Adelaide Hills with historic homes, deciduous trees and native bushland. Commencing at Verdun, the trail winds through Bridgewater, following Cox Creek part of the way. After traversing beautiful Mt George Conservation Park the trail detours through Stirling, with its many coffee shops. It continues through Crafers and Cleland Conservation Park, before joining the Old Bullock Track, finally emerging to stunning city views and the descent to Beaumont House in Burnside.

Challenge yourself with the full 26km walk, or join in at one of three other starting locations.

Register now at [bit.ly/PWTW2020](http://bit.ly/PWTW2020)

For event information visit [nationaltrust.org.au/event/2020-pioneer-womens-walk/](http://nationaltrust.org.au/event/2020-pioneer-womens-walk/)



## *An amazing two letter English word*

*A reminder that one word in the English language that can be a noun, verb, adjective, adverb and preposition.*

UP

*This two-letter word in English has more meanings than any other two-letter word, and that word is 'UP.' It is listed in the dictionary as an [adv.], [prep.], [adj.], [n] or [v]. It's easy to understand UP, meaning toward the sky or at the top of the list, but when we awaken in the morning, why do we wake UP? At a meeting, why does a topic come UP?*

*Why do we speak UP, and why are the officers UP for election and why is it UP to the secretary to write UP a report? We call UP our friends, brighten UP a room, polish UP the silver, warm UP the leftovers and clean UP the kitchen. We lock UP the house and fix UP the old car.*

*At other times, this little word has real special meaning. People stir UP trouble, line UP for tickets, work UP an appetite, and think UP excuses. To be dressed is one thing but to be dressed UP is special.*

*And this UP is confusing: A drain must be opened UP because it is stopped UP. We open UP a store in the morning but we close it UP at night. We seem to be pretty mixed UP about UP!*

*To be knowledgeable about the proper uses of UP, look UP the word UP in the dictionary. In a desk-sized dictionary, it takes UP almost 1/4 of the page and can add UP to about thirty definitions.*

*If you are UP to it, you might try building UP a list of the many ways UP is used. It will take UP a lot of your time, but if you don't give UP, you may wind UP with a hundred or more.*

*When it threatens to rain, we say it is clouding UP. When the sun comes out, we say it is clearing UP. When it rains, the earth soaks it UP. When it does not rain for a while, things dry UP. One could go on and on, but I'll wrap it UP, for now . . . my time is UP!*

*Oh . . . one more thing: What is the first thing you do in the morning and the last thing you do at night? UP! Did that one crack you UP? Send this on to everyone you look UP in your address book . . . or not . . . it's UP to you. Now I'll shut UP!*

**No woman or girl, nor indeed any human being, is a 'good' or chattel of another human being and should never be denied their basic and fundamental human rights.**

## 2020 International Convention—Chicago 4 - 8 July

### Convention Registration Now Open



Please encourage all club members to join us 4 – 8 July 2020 in Chicago as we celebrate the Centennial Anniversary Biennium.

<http://convention.zonta.org/Registration/Convention-Registration>

**Early Bird Rate: US\$410 ends midnight CST 12 February**

**Second Period Rate: US\$470 ends midnight CDT 03 May**

**Final Registration Rate: US\$530 ends midnight CDT 15 June**

**Onsite: US\$590**

For questions regarding the registration process, please reach out to ConferenceDirect, Zonta International's event management company for the 2020 Convention, at [zonta@conferencedirect.com](mailto:zonta@conferencedirect.com).



## Zonta International Convention in Chicago 4th to 8th July 2020

### Schedule-at-a-Glance



	Friday 3 July	Saturday 4 July	Sunday 5 July	Monday 6 July	Tuesday 7 July	Wednesday 8 July	
Registration, Credential and Foundation Booths will open 3 July – times coming soon!							
8:00	Preconvention Leadership Seminars		Delegates Training 8 - 8:45 AM	Elections 8 - 9:30 AM	Memorial Service 8 - 8:30 AM	Business Session 8 - 10 AM	
8:30		Rehearsal: Flag Ceremony 8:30 - 10 AM					
9:00		Committee Leadership Workshops 9 - 11 AM	Business Session 9 - 10:15 AM				
9:30							
10:00		Rehearsal: Opening Ceremony 10 - 11 AM	Candidate Speeches 10:15 - 11:45 AM	Business Session 10 AM - 12:15 PM	Business Session 8:45 - 11:45 AM	2020-2022 Business Session 10 AM - 12 PM	
10:30		Awardee Program 10 AM - 1 PM					
11:00		Open Forum 11:30 AM - 12:30 PM					
11:30							
12:00						Networking Lunch (Ticketed event) 12 - 1:15 PM	
12:30				Networking Lunch (Ticketed event) 12 - 1:30 PM	Membership Award Celebration (By invitation only) 12:30 - 2 PM		2020 -2022 Team Luncheon 12:30 - 2:30 PM
1:00							
1:30				Districts Meetings and Equality Today Discussions 12 - 4 PM		Business Session 1:30 - 3:15 PM	
2:00							
2:30			Opening Ceremony with Flag Parade 2 - 5 PM		Business Session 2:15 - 5 PM		
3:00						Committee Leadership Workshops and Equality Today Discussions 3:30 - 5 PM	Closing Ceremony with 2020-2022 Leadership Installation 3 - 5 PM
3:30			Meet the Candidates 4:15 - 5:30 PM				
4:00							
4:30				Rehearsal: Memorial Service 5 - 6 PM	Rehearsal: Installation 5:15 - 6 PM		
5:00							
5:30	Summer Splash Mixer 5:30 - 6:30 PM						
6:00		Toast to 100 Years 6 - 7 PM					
6:30							
7:00	President's Appreciation Dinner (By invitation only) 7 PM	Honoring Past International Presidents (By invitation only) 7 PM Friendship Dinners 7 PM	Celebrate on the Lake 7 PM	Governors Homecoming Reunion (By invitation only) 7 PM Meet Chicago Women 7 PM Friendship Dinners 7 PM	Foundation Centennial Anniversary Celebration (By invitation only) 7 PM Meet Chicago Women 7 PM	Centennial Anniversary Closing Dinner (Ticketed event) 7 PM	

16 OCTOBER 2019

# 9th European Interdistrict Zonta Seminar

**SAVE the DATE: 05. - 07. Februar 2021**



## „Women in the World of Finance“

Conference Centre „Dominikanerkloster“  
Dominikanergasse 5, 60311 Frankfurt

organized by team-D28



<p><b>Zonta South Australian Clubs meeting nights</b></p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%;">Adelaide 1<sup>st</sup> Wednesday</td> <td style="width: 50%;">Adelaide Flinders 3<sup>rd</sup> Wednesday</td> </tr> <tr> <td>Adelaide Hills 4<sup>th</sup> Wednesday</td> <td>Adelaide Torrens 2<sup>nd</sup> Tuesday</td> </tr> <tr> <td>Para District 1<sup>st</sup> Tuesday</td> <td>Fleurieu Peninsula 4<sup>th</sup> Tuesday</td> </tr> <tr> <td>Gawler 2<sup>nd</sup> Wednesday</td> <td>Noarlunga S. Vales 4<sup>th</sup> Wednesday</td> </tr> <tr> <td>Mt Barker 3<sup>rd</sup> Tuesday</td> <td>Port Lincoln 4<sup>th</sup> Tuesday</td> </tr> <tr> <td>Riverland 1<sup>st</sup> Tuesday</td> <td>Lower Eyre 3<sup>rd</sup> Tuesday</td> </tr> </table> <p>Our club meets on the fourth Wednesday of the month 6.30 for 7.00 pm start</p>	Adelaide 1 <sup>st</sup> Wednesday	Adelaide Flinders 3 <sup>rd</sup> Wednesday	Adelaide Hills 4 <sup>th</sup> Wednesday	Adelaide Torrens 2 <sup>nd</sup> Tuesday	Para District 1 <sup>st</sup> Tuesday	Fleurieu Peninsula 4 <sup>th</sup> Tuesday	Gawler 2 <sup>nd</sup> Wednesday	Noarlunga S. Vales 4 <sup>th</sup> Wednesday	Mt Barker 3 <sup>rd</sup> Tuesday	Port Lincoln 4 <sup>th</sup> Tuesday	Riverland 1 <sup>st</sup> Tuesday	Lower Eyre 3 <sup>rd</sup> Tuesday	<p><b>Zonta Club of Adelaide Hills Leadership Team 2018 -2020</b></p> <p>President: Bev Hocking  Vice President: Amanda Waldock  Secretary: Pam Mayer  Treasurer: Margaret Granger  Directors: Lynda A'Beare (Past President)  Jill Heylen (Service Convenor)  Sharon Geue: (Fundraising Facilitator)  Di Bartel: (Advocacy Convenor)</p>
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