



ZONTA
 CLUB OF
 ADELAIDE HILLS INC
 MEMBER OF ZONTA INTERNATIONAL
 EMPOWERING WOMEN
 THROUGH SERVICE & ADVOCACY

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★ Chartered 8TH June 1987 ★ Zonta International, District 23, Area 2, Club No. 1180

Honour & Empower



ZAH News
March 2020

Zonta International

- ★ **Mission** Zonta International is a leading global service organisation of professionals empowering women worldwide through service and advocacy.
- ★ **Vision** Zonta International envisions a world in which women's rights are recognised as human rights and every woman is able to achieve her full potential. In such a world, women have access to all resources and are represented in decision making positions on an equal basis with men. In such a world, no woman lives in fear of violence.
- ★ **Theme** Empowering Women through Service and Advocacy.

Save the date:

2020 March	Wed 25 th	Dinner meeting. Cancelled due to Corona Virus.
April	Sat 18 th	Area 2 Workshop. Cancelled due to Corona Virus.
April	Wed 22 nd	Dinner meeting. 2020 Annual General Meeting. A decision will be made at a later date if and how it will be held.
May	Sun 17 th	2020 Pioneer Women's Trail Walk.
July	4 th to 8 th	Zonta International Convention, Chicago, USA.

The most beautiful
Smile
 is the one that
 struggles through
tears.

Next Dinner Meeting:

The March Dinner Meeting has been cancelled due to The social distancing requirements which have been put in place to reduce our exposure to COVID-19

A thought for the day:

Notice the rainbows after the rain, & when rain gets you down, create your own sunshine because you are the only one who can.

Cyndie Spiegel.

Birthdays:

Bev - 24th March
 Pam - 24th March
 Lorna - 5th April
 Anne - 28th April



From the President

Dear members and friends of the Zonta Club of Adelaide Hills, we are certainly living in interesting and challenging times.

Here in South Australia we have just begun to reconcile the damage done by the bush fires when we are faced with the COVID-19 pandemic. For many of us this brings the anxiety of knowing our children and extended families will be isolated from us when our instincts are to go to them. Once again we are seeing the best and the worst of our society. We see great greed and thoughtlessness every day in the media and first-hand in our shops but at last we are also seeing fabulous acts of kindness and this too is starting to be written up in the media. It was Mahatma Ghandi who said, "A nation's greatness is measured by how it treats its weakest members." And I hope we can be judged to be great as the weeks roll on.

The issues relating to the empowerment of women have not stopped. I thank all members who have again send articles into the ZAH News this month, it makes very thought-provoking reading and reminds us what we are about.

Our Zonta business is and will be interrupted because of the necessity of social distancing but this will not mean our work will be interrupted. We have been greatly supported by ZI, Area 23 and Eronwy (Area 2 Director) with information and suggestions as to how we can make the decisions we need to make and share fellowship remotely until we can safely get back together again. Luckily, we have technology on our side. Thanks to the proactive actions of the Board and the individual efforts of Amanda who has reconciled a lot of that data we have some guidelines already on this.

If you receive a call from another member or the nominating committee, please be generous with your responses and help out however you can to keep our important work going. We will not be meeting in person this week, however, please keep an eye on your emails for information and business that we can, according to our Constitution, manage via electronic means.

On a lighter note I attended the International Women's Day Lunch on March 6th and we were lucky enough to sit beside Saru Rana, a social activist. Saru runs a social campaign, 'Shamshir', which has been operating for nine years to give voice and visibility to victims of domestic violence, sexual violence and child abuse over the past nine years. Saru won two of the four awards and is a very engaging and determined woman. I was very impressed with the group of women represented at the lunch and the variations of work they are involved in.

We also had a lot of fun.



IWD Lunch, awards recipients - Saru Rana is second from the right

We also enjoyed a small but fun day at the movies last weekend. Thank you to Sharon and the members who brought food, friends and laughter to the gathering. As it was the last fundraiser for this Zonta annual fundraising period we will be in a position to announce our total fundraising soon, and therefore be able to make decisions about how much we can send off to the Zonta Foundation for those all-important international service projects.

Stay safe and positive

Bev Hocking, President ★

Getting Started Buckets

Jill and Irene delivered 10 Getting Started Buckets to Nunga Northern Regional Aboriginal Domestic Violence Services on 26th February.

Tina, the co-ordinator, thanked Adelaide Hills Zonta Club for making such a valuable contribution for her women.



Jill, Irene and Tina.

Forced Adoptions History Project

Following the national apology by former Prime Minister Julia Gillard on 21 March 2013, the National Archives established a project team to deliver a website, exhibition and education program that meets the objectives of:

- increasing awareness and understanding of experiences of individuals affected by forced adoption practices
- identifying and sharing experiences of forced adoption.

In working on these developments, the Archives is conscious of the personal and emotional nature of these experiences, which former Prime Minister Julia Gillard described as having contributed to 'a lifelong legacy of pain and suffering' for many Australians. The Archives wanted to ensure what was created reflects the diversity of experiences in a respectful manner.

<http://forcedadoptions.naa.gov.au/>



National
Apology for
Forced Adoptions

End Period Poverty, Period.

In South Australia there are girls who cannot afford to buy sanitary hygiene products. Commonly referred to as 'period poverty' this impacts on the capacity of girls affected to attend their school, sporting and social commitments. Period poverty also causes girls to feel shame for being dependent on others to supply essential hygiene items, forcing them to use inadequate alternatives that include socks, tissues and toilet paper.

No girl should have to worry about how they are going to manage their period. Every girl has the right to access feminine hygiene products.

To address this inequity, Commissioner for Children and Young People, Helen Connolly, is calling upon government, the feminine hygiene industry, and community stakeholders, including schools, community groups, sporting clubs, and public and private hospitals and universities, to work together to end period poverty permanently in South Australia. An accessible, non-stigmatising supply and distribution scheme for a range of free hygiene and sanitary products that will reach South Australian girls in regional and metropolitan locations who cannot afford to purchase these essential items themselves, must be devised as a priority and be put in place ideally before International Menstrual Hygiene Day on 28 May, 2021

<https://www.cyp.com.au/endperiodpovertyperiod/>

The logo for embolden, featuring the word "embolden" in a bold, lowercase sans-serif font. The letter "o" is white and set against a black circular background.

We are South Australia's peak body of domestic, family and sexual violence services. We lobby and advocate for women's rights to respect, safety and self-determination.

COVID-19 Update from Embolden

Domestic and family violence services around South Australia remain open to support families experiencing and/or escaping violence.

2020 International Convention—Chicago 4 - 8 July

Convention Registration Now Open



Please encourage all club members to join us 4 – 8 July 2020 in Chicago as we celebrate the Centennial Anniversary Biennium.

<http://convention.zonta.org/Registration/Convention-Registration>

Early Bird Rate: US\$410 ends midnight CST 12 February

Second Period Rate: US\$470 ends midnight CDT 03 May

Final Registration Rate: US\$530 ends midnight CDT 15 June

Onsite: US\$590

For questions regarding the registration process, please reach out to ConferenceDirect, Zonta International's event management company for the 2020 Convention, at zonta@conferencedirect.com.



Australian gynaecologist and humanitarian Catherine Hamlin has died, aged 96, at her home in Addis Ababa.



World-renowned Australian doctor and humanitarian Catherine Hamlin has died at her home in Ethiopia. She was 96.

The Sydney gynaecologist and her husband, Reginald Hamlin, co-founded clinics giving free obstetric fistula repair surgery, a condition caused by a difficult childbirth.

The Hamlins have spent the past 61 years living in Ethiopia and providing free treatment to women who were often

ostracised following the horrific childbirth injury.

More than 60,000 Ethiopian women have received the life-changing care at one of the Hamlins' six clinics, overseen by more than 550 trained staff.

Through the Catherine Hamlin Fistula Foundation her legacy will live on, said the charity's chair Julie White.

"Catherine lived an incredible life having made an enormous difference to the lives and health of thousands upon thousands of women in Ethiopia," Ms White said.

Dr Hamlin is survived by her only son Richard and her four grandchildren.

She died at home in Addis Ababa on Wednesday.

From SBS news.

Zonta South Australian Clubs meeting nights

Adelaide 1st Wednesday	Adelaide Flinders 3rd Wednesday
Adelaide Hills 4th Wednesday	Adelaide Torrens 2nd Tuesday
Clare & District 3rd Tuesday	Fleurieu Peninsula 4th Tuesday
Gawler 2nd Wednesday	Noarlunga S.Vales 4th Wednesday
Mt Barker 3rd Tuesday	Port Lincoln 4th Tuesday
Riverland 1st Tuesday	Lower Eyre 3rd Tuesday

Our Club meets on the fourth Wednesday of the month
6:30pm for 7:00pm start at
Belair Hotel 141.Main Road Blackwood South Australia

Zonta Club of Adelaide Hills Leadership Team 2018 – 2019

President: Bev Hocking
Vice President: Amanda Waldock
Secretary: Pam Mayer
Treasurer: Margaret Granger
Directors:
Jill Heylen: (Service Convenor)
Janet Stephenson: (Fundraising Facilitator)
Di Bartel: (Advocacy Convenor)

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