



ZONTA
CLUB OF
ADELAIDE HILLS INC
MEMBER OF ZONTA INTERNATIONAL
EMPOWERING WOMEN
THROUGH SERVICE & ADVOCACY

PO Box 799, Blackwood, South Australia 5051 ★ Website: zontaadelaidehills.org.au
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★ Chartered 8TH June 1987 ★ Zonta International, District 23, Area 2, Club No. 1180

Zonta International

- ★ **Mission** Zonta International is a leading global service organisation of professionals empowering women worldwide through service and advocacy.
- ★ **Vision** Zonta International envisions a world in which women's rights are recognised as human rights and every woman is able to achieve her full potential. In such a world, women have access to all resources and are represented in decision making positions on an equal basis with men. In such a world, no woman lives in fear of violence.
- ★ **Theme** Empowering Women through Service and Advocacy.

Save the date:

2022 Sept	28 th Wednesday	Dinner meeting. Planning meeting.
October	All Mondays during October	\$5 from every meal purchased at Belair Hotel on Mondays after 5 pm, will be donated to Zonta Club of Adelaide Hills.
October	26 th Wednesday	Dinner meeting. Julie Monis-Ivett, 'Thrive by five' (Mindaroo). New location, to be advised.
Nov	25 th to 10 th Dec	16 Days of Activism.
Dec	1 st Thursday	16 Days of Activism Vigil, to be held at Windy Point, Belair Road, Belair. At sunset.
2023 Sept	1 st to 3 rd	District 23 Conference to be held in Bunbury, WA.
2024 June	25 th to 28 th	Zonta International Convention to be held in Brisbane.

YOUR IMPACT ON EDUCATION



SERVICE PROJECTS



ZAH News

September 2022

**Dinner meeting:
Wednesday
28 September 2022**

Venue:
Belair Hotel
6:30 for 7:00 start
All Welcome

Planning meeting

Objects: Coraine
Hostesses: All

Next Board meeting:
12th October 2022
Members welcome

REMEMBER: If unable to attend the meeting please contact Doone by the Monday before the meeting. Ph: 0422024240.

Happy Birthday

Lesley – 4th Sept

Doone – 4th Sept

Julie MI – 19th Oct

Janet – 26th Oct



**HOLD UKRAINE
IN YOUR THOUGHTS**

President's Report

I keep thinking Spring is around the corner, but the corner seems to be a big one!

At the end of August I had the pleasure of attending the first face-to-face Presidents' Meeting held at Jenni Foreman's home. All 12 Clubs were represented, so it was a wonderful opportunity to meet all the Presidents and hear their ideas, planned activities and ways we can all work together effectively on shared initiatives. The meeting was followed in the afternoon by the District Advocacy Meeting, again well attended and very interesting to hear everyone's plans for 16 Days of Activism.

Our display at the Mitcham Library completed at the end of August. The unique display was very popular and we received wonderful feedback.

Plans for 16 Days of Activism are well under way within the Advocacy Committee. Joy and Bev recently had a very successful day approaching local businesses seeking interest to display our orange ladies. Blackwood may have been known for its gnomes a few years ago, but I think we may be changing that to recognition of orange ladies with the number of businesses expressing interest to be involved.

As a result of a visit to our Library Display, at least one orange lady is heading off to Canberra to be displayed in the Member for Boothby, Louise Miller-Frost's office. And others along with a larger display will be appearing in the Member for Waite, Catherine Hutchesson's office in Blackwood.

Please mark Thursday 1 December in your diary now for the Vigil to be held at Windy Point. This was a special time last year and we hope to build on the numbers attending this year.

Due to renovations being undertaken at the hotel, the September dinner meeting will be our last for a few months at the Belair Hotel. For the October meeting we have been invited to hold our meeting at Red Cross's office. Their Learning English through Food group are pleased to provide the catering for us. More details will be provided closer to the meeting.

We are very excited to report that the Belair Hotel has kindly offered to donate \$5 to our club for every meal purchased after 5 pm, on Monday evenings in the Main Bar, during the month of October.

It has been a sad time this past week with the passing of Queen Elizabeth II. An amazing woman, compassionate, intelligent, inspirational, full of grace and dignity. But I think the thing I've heard most this week has been references to her sense of humour.

Over 70 years, so many quotes, but I like this one from her 1991 Christmas broadcast: *"Let us not take ourselves too seriously. None of us has a monopoly of wisdom and we must always be ready to listen and respect other points of view."*

Yours in Fellowship

Julie Hallifax ★

Our Guest Speaker at our August Dinner Meeting

We were pleased to welcome Kate Holland, Australian Red Cross, Manager – Community Programs, Justice, Justice Reinvestment and Aboriginal Supports to our August meeting.

Inspiring, enthusiastic and passionate are only a few of the words that could be used to describe Kate. With an office in the city Kate is involved with programmes across the metropolitan area and as far afield as Port Augusta.

Kate spoke about the various initiatives that these programs address, which could only happen with the volunteers who are involved. 100 people are employed to run these programs but they are supported by 4000 volunteers! Kate spoke on several of the programs.

Youth in justice system:

If a young person doesn't have a parent/suitable adult to support them during a police interview there is an alternative. The police can contact Red Cross on a dedicated phone line and request adult support. These support people are all volunteers. Their role is to ensure that the offender is in a fit state to be interviewed, knows they have a right to legal representation and to be there at the offender's interview.

Welfare of people 65 years and older:

A system where volunteers daily phone people living by themselves, to check they are ok. If phones aren't answered they call back and if needed a visit is arranged to check on the resident's welfare.

Migrant support:

Provides access to justice services, interpreters and often deals with domestic

violence situations. The Aspire Programme started at the Hutt Street Centre, is part of this program.

Prison programmes:

These are based on a programme that started in Ireland where prisoners were trained in First Aid and health related issues. Prisoners are offered 12 week courses. Typically, these could involve them identifying something that they believe needs to change. They are involved in the process for submitting a thought-out application for this to happen and then in some cases are involved in implementing the changes. This also supports those who have been released from prison.

This sees the empowering of participants in being able to gain knowledge, skills, their ability to initiate change, their self-esteem, self-belief and life skills. This often results in their input as volunteers and their role in supporting others, both in and out of prison, and in their communities.

Aboriginal support programmes:

An old house in Port Adelaide operates as a drop-in centre. This programme is run by local community members and now has a previous attendee employed at the centre.



Julie Monis-Ivett with Kate Holland

Container of Love for DR Congo

Finally after taking eight months to lock in a transport container, we found a company who were proactive and we were given 12 days notice, which our committee handled with expertise.

Can I thank every person who came to our container packing day on Sunday September 11 and the goods collection days on Friday and Saturday. Five current and 3 past Zontians!!! It was a mammoth effort and needed the combined effort of all there for us to be able to place the last item in the container around 3.00 pm.

We start months ahead, gathering hospital mattresses, beds, sewing machines, fabric, school chairs, Days for Girls packs (1000+), Birthing kits (7,500), 4 pallets of medical resources, medical items, over 80 large bags of new home-made clothes, and 50+ bags of checked second-hand clothes.

Our Loadmaster, Tim Geue, had the most difficult and responsible job and did it so well. Thank you, Tim as we could not have done it without you, and of course, your helper Sharon. Everyone else contributed as to their time constraints and physical capabilities.

Many did not see the truckload of 28 mattresses and 150+ boxes collected on Friday, the 4 trailer-loads and 4 truck-loads of items we brought from the warehouse on Saturday, as they were packed by the wonderful Congolese team of Dr Luc's, immediately into the transport container. They worked from 8.30 am until 8.00 pm - a huge effort which gave us a wonderful start to the packing day.

The rest of us on the committee and Luc are just used to hard work and accomplishing so much through sheer dogged determination. A great team.

So, at the end of the day, we saw a 40 foot container packed to the gunnels - a huge accomplishment. Bear in mind, every item will next be held by Congolese hands on the other side of the planet and they will know there are people in Australia who care and want to see their lives improved.

If you would like to be more involved in our work let me know. Phone 0402 055920. We are a small committee and it would be a great help. Any joy we bring to these people in blankets, toys, and clothes is a great bonus.

Thank you to everyone, we are a great team.

Julie Monis-Ivett,
MHCDASA Chairperson



Packed with Seal in place



141 Main Road, Blackwood. Ph: 8278 8777

**MONDAY
SUPPORT LOCAL**

\$5 from every meal purchased in the Main Bar of the Belair Hotel, from 5 pm on Mondays during October, will be donated to Zonta Club of Adelaide Hills

MEN'S MARCH & CLOTHES LINE PROJECT




Calling all men to show support for women and children affected by domestic violence in our community.

March with us down Beach Road to the Clothes line Project at Rotary Park
Create messages of support

**27th November 1.30pm from Market Place, Beach Road next to Coles to start the march
Clothesline project is for everyone 2-4pm
@Rotary Park.
Stalls
No cost BBQ
Entertainment**

Supported by Government of South Australia

CITY OF ONKAPARINGA

For further details contact Craig Warman
cwarman@adam.com.au, Jo Renshaw
0429 269 320 or
Di Newton 0406 069 710



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The Zonta / BKFA Postcard

<p>Zonta South Australian Clubs meeting nights</p> <p>Adelaide 1st Wednesday Adelaide Hills 4th Wednesday Para District 1st Tuesday Gawler 2nd Wednesday Mt Barker 3rd Tuesday Riverland 1st Tuesday</p> <p>Adelaide Flinders 3rd Wednesday Adelaide Torrens 2nd Tuesday Fleurieu Peninsula 4th Tuesday Noarlunga S. Vales 4th Wednesday Port Lincoln 4th Tuesday Lower Eyre 3rd Tuesday</p> <p>Our club meets on the fourth Wednesday of the month 6.30 for 7.00 pm start.</p>	<p>Zonta Club of Adelaide Hills Leadership Team 2022 -2023</p> <p>President: Julie Hallifax Vice President: Pam Mayer Secretary: Coraine Sopru Treasurer: Amanda Waldoock Directors: Margaret Parsons Susie Clarke Janet Stephenson</p>
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