



**ZONTA**  
CLUB OF  
ADELAIDE HILLS INC  
MEMBER OF ZONTA INTERNATIONAL  
EMPOWERING WOMEN  
THROUGH SERVICE & ADVOCACY

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★ Chartered 8<sup>TH</sup> June 1987 ★ Zonta International, District 23, Area 2, Club No. 1180

## Zonta International

- ★ **Mission** Zonta International is a leading global service organisation of professionals empowering women worldwide through service and advocacy.
- ★ **Vision** Zonta International envisions a world in which women's rights are recognised as human rights and every woman is able to achieve her full potential. In such a world, women have access to all resources and are represented in decision making positions on an equal basis with men. In such a world, no woman lives in fear of violence.
- ★ **Theme** Empowering Women through Service and Advocacy.

## Save the date:

<b>October</b>	All Mondays during October	\$5 from every meal purchased at Belair Hotel on Mondays after 5 pm, will be donated to Zonta Club of Adelaide Hills.
<b>October</b>	26 <sup>th</sup> Wednesday	Dinner meeting. Julie Monis-Ivett, 'Thrive by five' (Mindaroo). At Belair Hotel.
<b>Nov</b>	4 <sup>th</sup> Friday	Days for Girls sewing day at Margaret Parsons. From 10 am. Please BYO lunch.
<b>Nov</b>	20 <sup>th</sup> Sunday	Tour of Belair National Park. 12 noon, \$30.
<b>Nov</b>	25 <sup>th</sup> to 10 <sup>th</sup> Dec	16 Days of Activism.
<b>Dec</b>	1 <sup>st</sup> Thursday	16 Days of Activism Vigil, to be held at Windy Point, Belair Road, Belair. At sunset.
<b>2023 Sept</b>	1 <sup>st</sup> to 3 <sup>rd</sup>	District 23 Conference to be held in Bunbury, WA.
<b>2024 June</b>	25 <sup>th</sup> to 28 <sup>th</sup>	Zonta International Convention to be held in Brisbane.

### YOUR IMPACT ON EDUCATION

248

Awards, Scholarships and Fellowships Distributed

More than US\$1.2 M

Total Amount Given

### SERVICE PROJECTS

16

Countries where women and girls have benefited from Zonta International's partnerships with UNFPA and UNICEF USA

# ZAH News October 2022

**Dinner meeting:  
Wednesday  
26 October 2022**

Venue:  
**Belair Hotel**  
**6:30 for 7:00 start**  
All Welcome

Thrive by Five.  
Julie Monis-Ivett

Objects: Sharon  
Hostesses: All  
Intro: Bev  
VOT: Doone

Next Board meeting:  
**9<sup>th</sup> November 2022**  
At Coraine's home.  
Members welcome

**REMEMBER:** If unable to attend the meeting please contact Doone by the Monday before the meeting. Ph: 0422024240.

***Happy Birthday***

**Janet – 26<sup>th</sup> October**

**Merilyn – 11 Nov**

**Coraine – 16<sup>th</sup> Nov**



**HOLD UKRAINE**

**IN YOUR THOUGHTS**

## President's Report

Some warmth at last! But although we are enjoying sunshine, our thoughts are with those in the Eastern States dealing with floods.

I had the pleasure late in September of meeting Nadia Clancy MP, Member for Elder and appreciated the opportunity of discussing all the activities we undertake. Nadia has offered her support for us, and also asked to be included in the next Birthing Kit Assembly Day.

Thank you to those members who were able to attend the September dinner meeting and participate in the planning discussions. Bev and I are working on summarising the comments we received.

Planning is well underway for our 16 Days of Activism activities. Please mark Thursday, 1 December in your diary for our Vigil to be held again at Windy Point at dusk. This is a time to acknowledge those women who have lost their lives through Domestic Violence in the past year.

I shared a good news story during the month of our friend Nadia, the Ukrainian lady we had helped earlier. There is an addition to that now that Nadia and her girls have moved into their own flat. I love our community as we have managed to help with a computer for the girls (thank you Pam), wardrobes (thank you Sharon and Irene Kiroff), a microwave (thank you Irene K), a television (my niece) and all the kitchenware and linen she needs. We have also met a new family

through Doone and been able to provide some of our Eftpos cards for them and also some money towards music lessons for their daughter, a way of helping her enjoy her new school.

If you haven't had dinner on a Monday evening at the Belair Hotel this month, you have just a couple of chances left. This is a great offer from the Hotel for \$5/meal ordered in the Main Bar will be donated to our Club. I hope to see you there.

Hopefully members are able to join Marg Parsons on Friday, 4 November for the Days for Girls Sewing Day. I have been assured that you don't need to be able to sew to be a helper, there's plenty of tasks available.

We also have planned for 20 November a bus tour of the Belair National Park. Our tour guide, Pete Raine a member of the Friends of Belair National Park loves sharing his knowledge of the flora, fauna, Kaurua/Peramangk and European heritage of 'our' Park. Having been on one of the tours earlier in the year, I can highly recommend the afternoon. Please contact me to reserve your seat on the bus.

I'm looking forward to seeing you all on Wednesday evening for our October dinner meeting.

Yours in Fellowship

**Julie Hallifax** ★

**Last chance! Monday 24<sup>th</sup> & Monday 31<sup>st</sup> October – have dinner  
at the Belair Hotel in the Main Bar**



141 Main Road, Blackwood. Ph: 8278 8777

**\$5 from every meal purchased in the Main Bar of the Belair Hotel, from 5 pm on  
Mondays during October, will be donated to Zonta Club of Adelaide Hills**

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### **BELAIR NATIONAL PARK – OFF THE BEATEN TRACK**

Established in 1891, the Belair National Park was South Australia's first national park and the second in Australia. It is also recognised as the world's 10<sup>th</sup> oldest national park. And here it is, right on our doorstep.

For most of its history Belair National Park has been known simply as 'National Park'.

Our guide for the tour, Pete Raine, is a member of the Friends of Belair National Park, with interests in the flora, fauna, Kaurna/Peramangk and European heritage of 'our' Park. He loves sharing his insights while learning about the Park from others.

This interactive tour will cover areas of interest for all – from the top to the bottom of beautiful Belair National Park. Plenty of chances for some great photos, and plenty of time for lots of questions.

Join us for an interesting and social trip around the Park, followed by afternoon tea.

When: Sunday, 20 November 2022

Time: 12 noon–3.30 p.m.

Cost: \$30.00

Includes Afternoon Tea and Free  
Entry to the Park

Numbers are limited, so book early by  
emailing

[zcahills@gmail.com](mailto:zcahills@gmail.com)

**Book early so that you don't miss out!**

## \$\$ Ten Dollars to a Hundred Dollars \$\$

Zonta needs everyone's help

The 10 to 100 is a fundraising idea that uses **The Power of One**

Individually we all turn \$10 into \$100.

If every member did a little fundraiser, consider what a difference that would make.

Our club has been doing this for many years but we all could use a bit of inspiration from time to time so here are some ideas:



\$ Books recycle –  
have your books for sale and sent to  
club members with prices.  
This way only the books sold need to  
be transported.

\$ Garden produce  
\$ Preserves  
\$ Packs of seeds  
\$ Magazines  
\$ Baked goods

\$ Hot Cross Buns  
\$ Hand crafts  
\$ Raffle  
\$ White Elephant stall

## A \$25 Kiva Loan to Herminia



### Herminia's story

Herminia works very hard to support her family. She is married and has a pig fattening business in the Philippines.

Herminia requested a PHP 20,000 loan through Kiva to buy feeds and other supplies to raise her pig. She has been in this business for 2 years.

*I chose this borrower through Kiva.org because her full loan is very close to being realised, she has worked on her business and she lives in our Pacific Region.*

*Bev Hocking*

In the future, she would like to save money to expand her business.



**SI Adelaide DV Forum....online again in 2022**



**Tuesday November 8<sup>th</sup> from 7.00-9.30pm (ACDST)**

**Please register \$10**

<https://www.trybooking.com/CDRAV>



**Guest Speakers:**

**Terese Edwards CEO National Council Single Mothers and their Children and member of the newly formed Women's Economic and Equality Taskforce (WEET)**

**Juanita McLaren ....Researcher and Advocate**

- Terese & Juanita will speak to new and emerging data such as Anne Summers research - *The Choice, Violence or Poverty*.
- They are well versed, as together they raised and lodged a complaint to the United Nations on this matter.
- Single mother financial security is strengthened with a well operating child support scheme.
- How can we make the most of a focus upon women's economic security?
- With a \$1.7 billion child support debt and a system that enables minimising and dodging a payment the questions to be considered are:
- Is withholding child support following separation a form of financial abuse?

**Link to the discussion will be sent later.**

**Other enquiries email: [siadelaide@siswp.org](mailto:siadelaide@siswp.org)**

*We make a living by what we get,  
but we make a life by what we give.*

WINSTON CHURCHILL

## Zonta Club of Clare Rose Garden



Whilst on a camping holiday, I came across the Zonta Garden in Clare. The Zonta Club of Clare had established this rose garden to commemorate local women of achievement in the district. The giant slab of slate was donated, and through fundraising, they were able to install the plaques. Regrettably the club has now disbanded but the stories of these women live on.

If you are in Clare, the garden is on the triangular corner of the road to Blyth, West Terrace and the Horrocks Highway, on the northern side of Clare.

*Margaret Parsons*



## Days for Girls Sewing Day

I will be holding a Sewing Day on Friday 4<sup>th</sup> November at my home if you'd like to come. We'll be making bags and shields for the Days for Girls project.

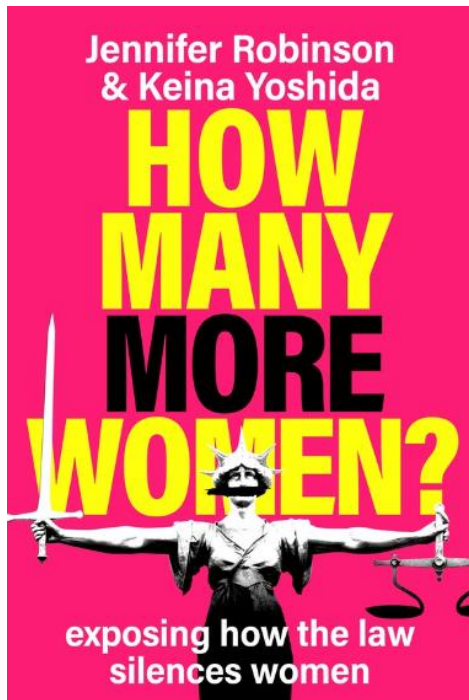
It's from 10am or whatever time suits you, please BYO lunch. There will be some non-

sewing duties, if you don't sew, or you can just sit and chat. Please RSVP by email or my mobile.

We may be away camping at Mungo National Park from 24<sup>th</sup> Oct until 2<sup>nd</sup> November, but will get it organised before leaving.

*Margaret Parsons*





In this powerful and accessible exploration of our legal systems, two human rights lawyers break open the big judgments, developments and trends that have and continue to silence and disadvantage women.

#### HOW MANY MORE WOMEN

- Have to be raped or abused before we act?
- Need to accuse him before we believe her?
- Will be failed by the criminal justice system?
- Need to say something before we do something?
- Will be sued for defamation for speaking out?
- Will be contracted to silence?

From two internationally acclaimed lawyers comes a masterful and urgent exploration of the legal response to the MeToo movement in Australia and around the world.

We are in a crucial moment: women are breaking through the cultural reticence to speak out about gender-based violence. But as they have grown empowered to speak, a new form of systematic silencing has become more evident: the spike in survivors speaking out has been followed by a spike in legal actions against them and the media.

The law is being wielded to reinforce the status quo of silence that existed before MeToo.

We cannot act if we do not know. If women cannot speak about their abuse - and journalists are fearful of telling their stories - then how can we understand the problem of gender-based violence in our society? And how can we even begin to end it?

In *How Many More Women?* Jennifer Robinson and Dr Keina Yoshida examine the laws around the world that silence women, and explore the changes we need to make to ensure that women's freedoms are no longer threatened by the legal system that is supposed to protect them.

**Jennifer Robinson** is an Australian human rights lawyer and feminist, who is internationally recognised for her work. She represented Amber Heard in relation to Johnny Depp's 2020 defamation case in the UK and has defended Julian Assange and advised WikiLeaks since 2010. She is a practicing barrister at Doughty Street Chambers in London and has acted in key human rights, freedom of speech and information cases before the British courts, international and regional courts, and UN special mechanisms.

**Dr Keina Yoshida** is a human rights lawyer, media lawyer and feminist. Keina is a lawyer with the Center for Reproductive Rights and was a practicing human rights barrister at Doughty Street Chambers where they are currently an associate tenant. Keina has acted in key human rights cases including on LGBTI rights, and women's rights. Keina is a visiting fellow at the Centre for Women, Peace and Security, at the London School of Economics.

## Celebrating diversity in your club

Below are some tips from the Greater Diversity Working Group and Membership Committee to help build and celebrate diversity within your club and community.



### 1. Create a welcoming community.

Make space for different voices and viewpoints to be heard so your community can continue growing and be known for being inclusive. By being accommodating and welcoming, you make stronger connections as people will feel comfortable and supported. Remember, people act to their best abilities when they feel accepted and valued.



### 2. Pay attention to what is important.

Not everyone will celebrate the same holidays. Develop a cultural calendar and join in on the festive days. Build new traditions while driving more visibility to the differences represented in the members of your club and community. Also, be respectful of observed days that are more somber.



### 3. Build a learning environment.

Keep an open mind and let expression grow in a brave space. From attending cultural events such as book clubs, musical performances, art showings or film screenings to hosting guest speakers – there is an opportunity to highlight the journeys people across the globe take in their lives. While not all paths are the same, the spirit and heart of encouraging and supporting others are universal.



### 4. Be mindful of barriers.

Differences in language can be frightening to people as they do not want to misspeak in their second or third language. Try to avoid jargon or phrases that do not translate well or could be misunderstood as offensive. Generational barriers can also prevent the easiest flow of communication. Offer trainings to get members on the same platform or remind the group to communicate in ways where everyone can get the message. Utilizing different translation tools, which you can [find on our Translations Toolkit](#), will help share information without causing excessive confusion.



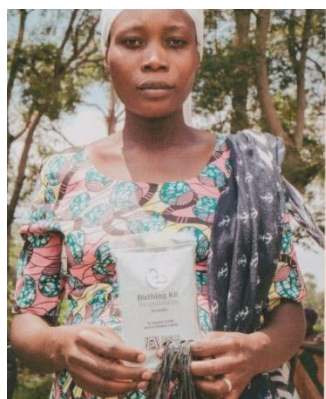
Go on, gift yourself with an Entertainment Membership. Help us reach our fundraising goals!

**Save on the cost of a Membership that will have you exploring more for less!**

<p>3 Month Membership</p> <p><b>Single City</b> <b>\$29.99</b></p> <p><b>BONUS UPGRADE</b> to Multi City <b>SAVE \$10</b></p>	<p>12 Month Membership</p> <p><b>Single City</b> <b>\$69.99</b></p> <p><b>BONUS UPGRADE</b> to Multi City <b>SAVE \$50</b></p>	<p>24 Month Membership</p> <p><b>Single City</b> <b>\$119.99</b></p> <p><b>BONUS UPGRADE</b> to Multi City <b>SAVE \$110</b></p>
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Purchase a 12 month membership & be upgraded to a multi-city membership for free, you will save \$50. This deal is only available until 24<sup>th</sup> November, take advantage of it.

To order: <https://www.entertainment.com.au/orderbooks/9t34486>



**Our Vision**

A world in which all women and girls have access to a clean and safe birth



**What is the BKFA?**  
BKFA pack and supply Clean Birth Kits to pregnant women living in rural communities around the world. A kit, designed to support hygienic health practices during childbirth, contains a sheet of plastic, soap, gloves, gauze, cord and a sterile scalpel blade.

**What is Zonta?**  
Zonta stands for women's rights. We advocate for equality, education and an end to child marriage and gender-based violence.

**How you can help?**  
Zonta supports the work of BKFA through the packing of clean birth kits.

One kit costs \$5  
\$50 = 10 kits  
\$500 = 100 kits  
\$5000 = 1000 kits

Help us to support BKFA. Donate via the QR code or organise your kit packing day. All donations are tax deductible.

The Zonta / BKFA Postcard

<b>Zonta South Australian Clubs meeting nights</b>		<b>Zonta Club of Adelaide Hills Leadership Team 2022 -2023</b>
Adelaide 1 <sup>st</sup> Wednesday	Adelaide Flinders 3 <sup>rd</sup> Wednesday	President: Julie Hallifax
Adelaide Hills 4 <sup>th</sup> Wednesday	Adelaide Torrens 2 <sup>nd</sup> Tuesday	Vice President: Pam Mayer
Para District 1 <sup>st</sup> Tuesday	Fleurieu Peninsula 4 <sup>th</sup> Tuesday	Secretary: Coraine Sopru
Gawler 2 <sup>nd</sup> Wednesday	Noarlunga S. Vales 4 <sup>th</sup> Wednesday	Treasurer: Amanda Waldoock
Mt Barker 3 <sup>rd</sup> Tuesday	Port Lincoln 4 <sup>th</sup> Tuesday	Directors: Margaret Parsons
Riverland 1 <sup>st</sup> Tuesday	Lower Eyre 3 <sup>rd</sup> Tuesday	Susie Clarke
Our club meets on the fourth Wednesday of the month 6.30 for 7.00 pm start.		Janet Stephenson

**Website:** [zontaadelaidehills.org.au](http://zontaadelaidehills.org.au)

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