

PO Box 799, Blackwood, South Australia 5051 \star Website: zontaadelaidehills.org.au

- ★ Email: zcahills@gmail.com ★ www.facebook.com/ZontaAdelaideHills
- ★ Chartered 8TH June 1987 ★ Zonta International, District 23, Area 2, Club No. 1180

Zonta International

- Mission Zonta International is a leading global service organisation of professionals empowering women worldwide through service and advocacy.
- Vision Zonta International envisions a world in which women's rights are recognised as human rights and every woman is able to achieve her full potential. In such a world, women have access to all resources and are represented in decision making positions on an equal basis with men. In such a world, no woman lives in fear of violence.
- Theme Empowering Women through Service and Advocacy.

Save the date:

2023	Wed 24 th	ZCAH Biennial Meeting. Guest speaker: Dr Rachel Swift. Her
May		experiences while working as a doctor overseas.
June	Sat 3 rd	Birthing Kit Assembly Day. 1 to 4 pm. Concordia College, St
		Peters Campus, Corner Cumming Street & Trevor Terrace,
		Blackwood.
	Sun 4 th	Mavka – The Forest Song Movie. Events Cinemas Marion.
		2.40 pm – 5 pm. Fundraiser to rebuild a school in Ukraine.
July	Sat 29 th	Area 2 Advocacy Forum. A roof over my head: Actions not
		words. Payneham Library Meeting Room.
Sept		
	1 st to 3 rd	District 23 Conference to be held in Bunbury, WA.
Nov	Sat 18 th	
		Women's Expo – details to come,
2024		Zonta International Convention to be held at the Brisbane
June	27 th to 1 st July	Convention Centre,



ZAH News May 2023

Dinner meeting: Wednesday 24th May 2023

Venue:

Belair Hotel 6:30 for 7:00 start

All Welcome

Speaker: Dr Rachel Swift

Objects: Margaret E

Intro: Janet S
VOT: Joy

Next Board meeting: 14th June 2023

REMEMBER: If unable to attend the meeting please contact Doone by the Monday before the meeting. Ph: 0422024240.

Happy Birthday

Amanda — 2nd May Susie — 10th May Lynda — 11th May Julie H — 25th May Margaret P — 11th June Joy — 16th June



HOLD UKRAINE

IN YOUR THOUGHTS

President's Report

What a wonderful weekend it was weatherwise. I hope you all had the chance to spend time with your families for Mother's Day.

I'd like to express my thanks to our Members for the support for our Club hosting the Area 2 Workshop. I think we welcomed fellow Zontians to a great day. But it was achieved by everyone being involved and sharing the workload on the day.

The Area 2 Advocacy Forum will be held on Saturday 29 July at the Payneham Library 1-4 p.m. Entry is with a gold coin donation. The theme is "Ä Roof over my Head: Actions not Words" with the aim of the forum to focus opportunities to advocate for action. I encourage Members to attend.

Members have received information on the District Conference to be held in Bunbury WA in September this year. It is a special event in particular for the Club, being the 20 year anniversary of the acceptance of the Birthing Kit Project. This was also in Bunbury at the District Conference. Please let us know if you are interested to attend.

Another event for all Members to consider is the Zonta International Convention to be held in Brisbane at the Convention Centre in June 2024. I understand some members have already indicated they are interested to attend so we need to start planning and booking our accommodation. This will be my first International Convention, and from what I hear from those who have attended various Conventions previously, I am looking forward to attending.

Our next event though is the Birthing Kit Assembly Day when it is all hands on deck again. If you have not already let Merilyn know your availability, please do so this week.

In the meantime, we have a busy year ahead with the planning for the Women's Expo in November stepping into full action having received acceptance of our application from the Mitcham Council this week. An exciting challenge for us.

Yours in fellowship

Julie Hallifax *

Join us for our Handover meeting on 24th May 2023 6:30 for 7:00 at the Belair Hotel, 141 Main Road, Blackwood Our guest speaker is Dr Rachel Swift

Rachel will speak about her experiences as a doctor overseas, epidemic control, emergency health crisis response, prevention and disease management, health care delivery and research. See our website for her full bio.

Zontaadelaidehills.org.au



There will be raffles and a book exchange so please bring some loose change.

Let us know if you can attend by email

to: zcahills@gmail.com
Or phone to:

Doone Winnall 0422 024 240



Build a Better World for Women and Girls

Dinner Meeting Wednesday 26th April



Bev Hocking thanking Sue Dobie for her Cameo

"Double double, toil and trouble fire burn and cauldron bubble"

The phrase I was given for a 5 minute speech in a competition I participated in as a member of the Alice Springs Toastmistress Club in the late 1970s. My first serious – well maybe – speech. It did have some unforeseen consequences. Obviously expecting a baby and accompanied by a 2 year old, I went to a library to find books on witchcraft! Several times I visited the library. It wasn't until some time later that one of the staff queried my interest in this topic! They had imagined all sorts of possibilities and were very relieved to find the true reason!

I grew up around Ballarat, the oldest of 3 children. We learnt to drive the ute around the paddocks once our feet could reach the pedals – I was about 8 when I reached this milestone. To obtain a two wheeler bike we had to swim across the big, and deep, house dam. It was a happy childhood.

Both my parents belonged to many community organisations throughout their lives. So, we learnt early on how being involved in your community was a rewarding and positive experience for all. To this day, my siblings and I have followed this example.

The nearest primary school was about 3 km away -1 room, 1 teacher and 25 students. There were only 3 of us in my class. At the age of 11, I went to boarding school in Geelong. Although overwhelming at first. I soon made friends and enjoyed most of the new opportunities available. Year 12 meant that I had to make a decision about my future and teaching was my choice. After winning a scholarship I was bonded to teach wherever I was sent in the NT for 3 years! 1972 I had received my appointment in Alice Springs but, the week before leaving, I received a telegram advising I was now being placed in a one teacher centre!!! That I was on an incredible learning curve, was an understatement.

Lots of new experiences balls, concerts, annual rodeo, shows, and we even chartered a bus and travelled 5 hours to Finke to attend their annual Ball, camping in our swags in the main street!!

Social life was not a problem – no need for dating apps!!! Like many others, I met my husband, Don in Alice Springs. He was from mid north SA. We married and had two beautiful daughters. I worked occasionally as a relief teacher; sometimes even taking the baby with me! Community and friends were very important to our lives as families were interstate or even overseas.

1982 saw us move to Darwin. 1985 we moved to St Agnes and later built in Bellevue Heights. I studied a graduate course in Teacher Librarianship, and eventually secured a position as Junior School Teacher Librarian at Wilderness.

After Don was diagnosed with the Dreaded C in 2002, we decided to pursue our "bucket list" and travelled all over Australia. So, the last 6 years have seen me downsizing and moving closer to Blackwood. Becoming more involved in the community and making new friends, keeping up with existing friendships and spending time interstate with family and grandchildren. And I was reassured to reread my Harrison Profiling Report that states "that for Susan, doing work that benefits others/society is very important".

Thank you for welcoming me into Zonta. I am enjoying the challenges and especially the friendship and I look forward to what's ahead.

Sue Dobie

District 23 Area 2 Workshop held 6th May 2023

It was a pleasure to welcome nearly 70 members from clubs from Port Lincoln and Lower Eyre Peninsula to Gawler, Mount Barker, Fleurieu Peninsula and local Adelaide Clubs to the Area 2 Workshop on 6 May in Blackwood.

The guest speakers were inspiring, Dr Fariba Behnia-Willison and Dr Sarah Moulds two amazing women. Dr Willison's foundation, Desert Flower is a not-for-profit charity offering medical care for girls and women who are victims of Female Genital Mutilation. Dr Moulds, Senior Lecturer in Law at University of South Australia spoke on Connecting Law Makers with Change Makers. Both spoke passionately on their area of expertise.

District Governor Kay Stewart addressed the members from an international perspective highlighting that we need to have a greater visibility with a focus more on international service especially through International Women's Day and 16 Days of Activism. Other District updates were provided on behalf of the Membership Chair, Zonta says NOW and on Nominations for District roles, as well as updates on the upcoming Conference in

Bunbury and the International Convention in Brisbane in 2024.

Adelaide Hills Club members, Julie Monis-Ivett, Doone Winnall, Sharon Geue, Margaret Parsons and Joy O'Hazy were recognised as Birthing Kit Foundation Club Champions for their work over the years in organising and contributing to Club Birthing Kit Assembly Days. Eleven members from the District were acknowledged.

Bev Hocking provided a lesson on the history of the Orange Ladies and the process we have undertaken in making the ladies relatable. As we had received requests as to how we actually made the ladies, Bev demonstrated the process and provided a handout for Clubs to keep.

Lunch proved extremely satisfying for everyone and the soups provided by Marg Parsons, Sue Dobie and George O'Rourke so popular that we sold the recipes!

An extremely busy day, but very fulfilling. Our members rallied very well to help make it a great success.

Julie Hallifax



Area 2 Workshop held at Blackwood on 6th May 2023



Karen, Sharon and Margaret



Janet and Amanda



George and Sue



Dr Fariba Behnia-Willison & President Julie Hallifax



Dr Sarah Moulds & Area 2 Director, Lesley Siegloff



Julie Monis-Ivett OAM





Above: Bev Hocking. Left: Members acknowledged for their achievements.



District 23 Governor, Kay Stewart acknowledging Doone Winnall as a Birthing Kit Foundation Club Champion.



Bev Hocking sharing the planning of the Orange Ladies project.



Trading table



Books, cards and Doone's bags



YOU ARE INVITED TO

The Zonta Club of Adelaide Hills

BIRTHING KIT ASSEMBLY DAY



BUILD A BETTER WORLD FOR WOMEN AND GIRLS

No woman should die while giving life.

Over 300,000 women die annually from pregnancy or childbirth-related complications.

The majority of these are in developing countries.

Though each Birthing Kit costs less than a cup of coffee, its simple contents provide the resources to reduce infection and death.

VOLUNTEERS NEEDED

Please join us to pack 1,200 Kits this year.

Register to attend by contacting zcahills@gmail.com

Merilyn: 0408 832 056 Julie: 0412 645 053



The BKFA is dedicated to improving the conditions for women all over the world by providing Clean Birthing Kits and training Traditional Birth Attendants

www.bkfa.org.au

DETAILS:

Date:

Saturday 3rd June 2023

Time

1:00 pm - approx. 4:00 pm

Location:

Concordia College, St Peters Campus

St Peters Lutheran Church

Corner of Cumming Street and Trevor Terrace, Blackwood

A short presentation about the history of Birthing Kits and the value of the kits to the community will be shared.

Training on how to assemble the kits will be provided

Afternoon Tea Provided

Can't make it but want to make a donation?

Account Name: Zonta Club BSB: 633 000

Account number: 179137476 Bank: Bendigo Bank

Branch: Blackwood

To find out more about Birthing Kits and other Zonta work go to: www.zontaadelaidehills.org.au

https://www.facebook.com/ZontaAdelaideHills

Mavka – the Forest Song. Movie

A fundraiser to rebuild a school in Ukraine. This Ukrainian movie, distributed by Disney, is an animated movie suitable for all age groups. It is a story based on traditional Ukrainian folklore. Dialogue will be in English. The plot is based on Mavka (the spirit of the forest) having to choose between love and duty to protect the heart of the forest.

Sunday 4th June 2023 2.40 pm - 5 pm at Events Cinemas Marion. \$25 adults includes afternoon tea. \$15 child includes lolly bag.

Book through Trybooking: https://www.trybooking.com/events/landing?eid=1055227&gr=true



District Conference 2023



ZONTA DISTRICT 23 CONFERENCE REGISTRATION

Registration for the upcoming D23 Conference in Bunbury from 1st - 3rd September 2023 will be online from June 2023.

Please watch out for this information to come to your inbox. We had planned to open registration in May; however, we are awaiting the outcome of some sponsorship offers that, if successful, will result in lower registration fees for you all.

Please go ahead and book flights and accommodation. See previous Conference Newsletters for information. www.zontadistrict23.org.au

Sandra Burns and the Conference Committee.

Enquiries: zontad23conf@gmail.com

Area 2 Advocacy Forum



A Roof over my Head: Actions not Words

The Area 2 Advocacy Group is holding the next Advocacy Forum on Saturday July 29th – with the aim of the forum to focus opportunities to advocate for action.

We are hearing news reports every day about the crisis affecting our communities – in an affluent country it is hard to believe that we are not able to provide housing for our most vulnerable – with women over the age of 50 among this group.

The Universal Declaration of Human Rights states that "Everyone has the right to a standard of living adequate for the health and well-being of themselves and of their family, including food, clothing, housing and medical care and necessary social services."

We have all contributed to the problem, and now more than ever Zonta needs to be active in advocating for solutions.

Our speakers for the forum include:

- Dr Victoria Cornell Churchill Fellowship "Study of Alternate Housing Solutions"
- Bridget Mather (ZC Adelaide) "Sharing with Friends"
- Helen Sands (ZC Gawler) "Gawler Community Housing Project"
- Leann Symonds (2C Victor Harbour) "Local Government Toolkit for Ending Homelessness"

The focus for the afternoon is to identify a project or advocacy opportunity which we can then present to SCASA (South Australian Combined Service Clubs) with the aim of collaborating with Service Clubs across South Australia to action change.

DATE: Saturday July 29th 2023 TIME: 1.00pm - 4.00pm

WHERE: Payneham Library Meeting Room

COST: Gold coin donation - includes afternoon tea

Book on Try Booking - scan the QR Code





Ending Child Marriage: (Goal 2: Represent Global Citizenship)

Read more about this important ongoing project on the ZI website Zonta.org/Our Programs/International Service Projects/Ending Child Marriage.

The Ending Child Marriage Toolkit has been updated. While child marriage has declined in most regions across the globe over the past decade, no region is yet on track to meet the Sustainable Development Goal target of eliminating this harmful practice by 2030. Review the updated toolkit to learn how Zonta can ensure a childhood for every girl.

Gift yourself with an Entertainment Membership – bonus extra 4 months free and an ebook on Household Savings, fantastic deal available until 26th April



To order: https://www.entertainment.com.au/orderbooks/9t34486

What's the difference between a poorly dressed man on a tricycle and a well-dressed man on a bicycle? Attire!

International Convention - 27 June - 1 July 2024 **Brisbane Convention Centre QLD**



We are grateful to our supporters





Zonta South Australian Clubs meeting nights

Adelaide 1st Wednesday Adelaide Hills 4th Wednesday Para District 1st Tuesday Gawler 2nd Wednesday Mt Barker 3rd Tuesday Riverland 1st Tuesday

Adelaide Flinders 3rd Wednesday Adelaide Torrens 2nd Tuesday Fleurieu Peninsula 4th Tuesday Noarlunga S. Vales 4th Wednesday Port Lincoln 4th Tuesday Lower Eyre 3rd Tuesday

Our club meets on the fourth Wednesday of the month 6.30 for 7.00 pm start.

Email: zcahills@gmail.com Website: zontaadelaidehills.org.au

www.facebook.com/ZontaAdelaideHills

Zonta Club of Adelaide Hills Leadership Team 2022 -2023

President: Julie Hallifax

Vice President: Pam Mayer

Secretary: Coraine Sopru

Treasurer: Amanda Waldock Directors: Margaret Parsons

Susie Clarke

Janet Stephenson