

★ Chartered 8<sup>TH</sup> June 1987 ★Zonta International, District 23, Area 2, Club No. 1180

# **Zonta International**

- Mission Zonta International is a leading global service organisation of professionals empowering women worldwide through service and advocacy.
- ➤ Vision Zonta International envisions a world in which women's rights are recognised as human rights and every woman is able to achieve her full potential. In such a world, women have access to all resources and are represented in decision making positions on an equal basis with men. In such a world, no woman lives in fear of violence.
- Theme Empowering Women through Service and Advocacy.

#### Save the date:

June	Wed 28 <sup>th</sup>	Dinner meeting. Guest speaker: Sharmayne Power. Topic: A
		few favourite female authors.
July	Fri 28 <sup>th</sup>	Winter Conversations at Government House. 1.30 pm. Topic:
		Mental Health.
	Sat 29 <sup>th</sup>	Area 2 Advocacy Forum. A roof over my head: Actions not
		words. Payneham Library Meeting Room.
	Sun 30 <sup>th</sup>	Christmas in July. Guess Who's Coming to Lunch. \$50. Secret
		location!
August	Fri 25 <sup>th</sup>	Winter Conversations at Government House. 1.30 pm. Topic:
		Women's Advancement.
Sept	1 <sup>st</sup> to 3 <sup>rd</sup>	District 23 Conference to be held in Bunbury, WA.
Nov	Sat 18 <sup>th</sup>	Women's Expo – details to come,
	Man 27 <sup>th</sup>	Expect Respect Community Event. 10 am-11 am at Sturt Lions
		Football Club, Shepherds Hill Road, Bellevue Heights.
2024		Zonta International Convention to be held at the Brisbane
June	27 <sup>th</sup> to 1 <sup>st</sup> July	Convention Centre,



# ZAH News June 2023

Dinner meeting: Wednesday 28<sup>th</sup> June 2023

Venue:

Belair Hotel 6:30 for 7:00 start

All Welcome

Speaker: Sharmayne Power. Topic: A few favourite women authors.

Objects: George Intro: Pam VOT: Merilyn

Next Board meeting: 12<sup>th</sup> July 2023

**REMEMBER:** If unable to attend the meeting please contact Doone by the Monday before the meeting. Ph: 0422024240.

# Happy Birthday

Margaret P — 11th June Joy — 16<sup>th</sup> June Jane — 18<sup>th</sup> July



**HOLD UKRAINE** 

IN YOUR THOUGHTS

# President's message

As I sit and write this on a very chilly evening, we have just experienced the wettest and coldest start to June in 40 years. I feel for all those who are struggling to find a home or a safe warm place to sleep. It puts even more importance and relevance on the Area 2 Advocacy Forum with the theme is "Ä Roof over my Head: Actions not Words" in July. The forum is aiming to focus on opportunities to advocate for action. I hope you have booked your place.

Congratulations to Jenny Weaver and Susanna Harris for their well-deserved acknowledgment in the recent King's Birthday honours list! It's wonderful to see their contributions to the Birthing Kit Foundation and Days for Girls, respectively, being recognised with the Order of Australia Medal (OAM).

Earlier this month, packing 1200 birthing kits with the help of 40 volunteers and 17 Club members was a rewarding and fulfilling experience. The positive energy and camaraderie in the room made the entire process even more enjoyable. The combination of hard work, lively chatter, and the enjoyment of an afternoon tea created a fantastic atmosphere of collaboration and satisfaction.

Thank you to all the volunteers and club members for your time, effort, and willingness to contribute to such a meaningful project.

It was a pleasure to recently attend Government House with Pam Mayer, Lesley Sweetman and other Zontians when Her Excellency the Governor welcomed members of the National Council of Women South Australia. The evening was to acknowledge the Council's volunteers, and their work in representing the voice of women in South Australia. Fiona Dorman, President, NCWSA amongst others, was acknowledged for her ongoing commitment to advocating for women's issues. As was mentioned, we have come a long way, but we still have a long way to go.

Within the Club, we now look forward to preparation for 16 Days of Activism including the Vigil, while also planning for the Women's Expo. A busy year ahead.

I look forward to seeing you all at our June dinner meeting.

Yours in fellowship

Julie Hallifax \*



Christmas in July guess who's

Coming to Lunch

Sunday July 30<sup>th</sup>

Time, place and Host to be confirmed

\$50 per head- Fundraiser/Social

Be prepared for fun and fellowship



If you would like to be involved, please contact: Doone: 0422 024 240 Or Coraine: 0418 832 988

# Biennial Dinner held Wednesday 24th May 2023

Our guest speaker, Dr Rachel Swift, enlightened us on her experience working as a doctor overseas, the epidemic control and emergency crisis response, during the Ebola outbreak in Africa.



Guest speaker, Dr Rachel Swift with Lynda & Ted A'Bear



Merilyn King & Bev Hocking



Julie Monis-Ivett with the Orange Lady display



President Julie and Dr Rachel Swift



Coraine Sopru & Margaret Elmer



Margaret Parsons & Joy O'Hazy being acknowledged as Birthing Kit Foundation Champions by A2 Director Lesley Siegloff



Bev Hocking and her husband John



Merilyn King being inducted as a new Board member by A2 Director Lesley Siegloff

## **BIRTHING KIT ASSEMBLY DAY 3rd JUNE 2023**

On Saturday 3rd June on a beautiful sunny Winter's Day, we held our Birthing Kit Assembly Day.

We had 60 registered volunteers with 56 attending on the day, 17 of which were Zonta members. Louise Miller-Frost, Member for Boothby was a special guest who joined us in assembling the kits. We had 10 tables set up for assembly in the hall and one packing station set up in the church, this later grew to two packing stations as the day progressed. Here is the recipe of the day:

# Recipe for the Birthing Kit Assembly Day held Saturday 3rd June 2023

#### Ingredients

- 1200 pieces of soap
- 2400 glove
- 1200 green 1m x
- 1m plastic sheets
- 6000 gauze squares
- 3600 24cm lengths of string
- 1200 sterile blades
- 1200 Birthing Kit Bags

#### Method

- 1. Starting at 12 noon, have some marvellous Zontians set up the hall with a welcome area, 10 assembly stations and 1 packing area.
- 2. Welcome awesome volunteers as they arrive.
- 3. Around 1pm demonstrate plastic folding for generous volunteers.
- 4. When all plastic is folded show some informative photos and a sprinkle of Joy O'Hazy wisdom to inspire incredible volunteers.
- 5. Furnish assembly stations with remaining ingredients and replenish as required.
- 6. By 3:15 pm lavish selfless volunteers with delectable sandwiches, sumptuous homemade cakes and slices, yummy biscuits both chocolate and plain. Hydrate same selfless volunteers with water, coffee and an assortment of tea.
- 7. Wave goodbye and thank the most amazing group of volunteers.
- 8. Have some awesome Zontians pack everything up.

#### Result

1200 assembled clean birthing kits proudly baked by a marvellous assortment of incredible volunteers and members of Zonta Club of Adelaide Hills.

# Birthing Kit Assembly Day continued...

## Some great comments from the day:

- § "I felt welcome when I arrived."
- § "Food was great, especially the home-made food."
- § "I met some new people."
- § "I had lots of laughs, it was a great afternoon."
- § "The lady that gave the talk in the break was really interesting."
- § "I had a great afternoon and felt good helping such a worthwhile cause.

## ★ Merilyn King, Birthing Kit Coordinator



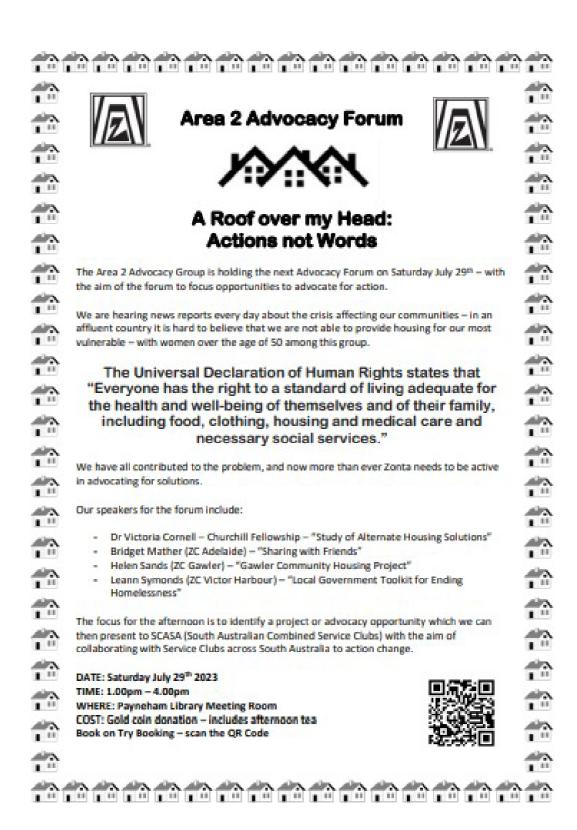




Joy O'Hazy ensured we knew how the kits were used and where they were distributed



Louise Miller-Frost, Member for Boothby spent the afternoon helping



# EXPECT RESPECT

I am so very pleased to announce that our Expect Respect Project is up and running again.

The Bellevue Heights Primary school year three class will be involved this year. It will be our first project in the Blackwood area and we look forward to seeing what the students come up with. We have a small committee of 4 managing the programme, but of course we will be asking the whole club to support it too by attending the Community Event on Monday, November 27th and a few other bits and pieces as they arise. Our committee is Sue Dobie, Pam Mayer, Karen Lorimer, Bev Hocking.

We have a very switched-on Acting Principal and teacher on board who have embraced the idea and thanks to their cooperation we have the whole timeline in place for the school activities.

The committee is now working on planning the community event, calendar printing and community engagement.

Significant dates are:

- Project commencement in school Friday July 28<sup>th</sup>
- Student calendars on display throughout the local community from October 16th – November 24th
- Community Event November 27<sup>th</sup>
   at Sturt Lions Soccer Club,
   Shepherds Hill Road 10 am 11
   am.

In class activities: Sergeant Sophie
Hobbs of the Southern District
Community Engagement Section will
deliver the Police education component
and Derrick McManus will be giving 2
workshops in school. The teacher will use
the 'Filling Your Bucket' theme and
resources in class to teach respect,
consideration, and strategies to help
others whilst staying safe.

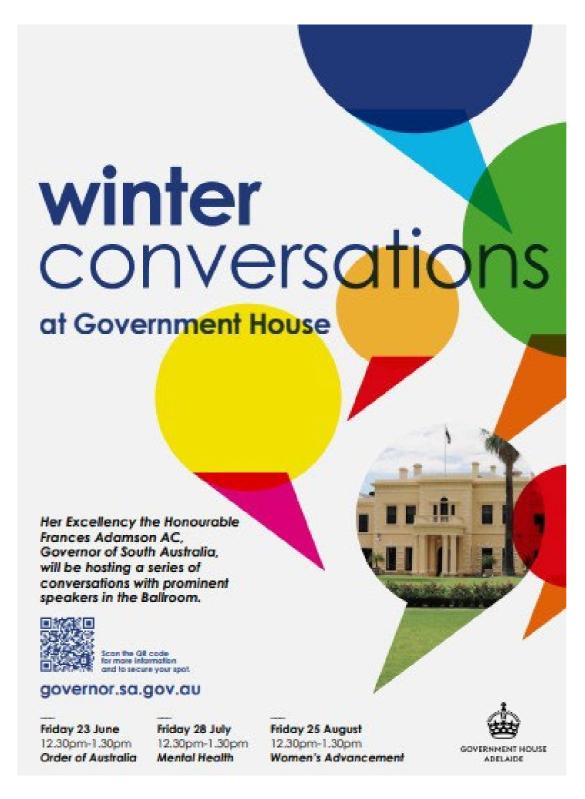
We are very excited to see the project going again and look forward to reporting on progress over the next five months.

**Bev Hocking,** coordinator, Expect Respect Project

Gift yourself with an Entertainment Membership.

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https://www.entertainment.com.au/orderbooks/9t34486



**The second session - Mental Health and body image** - will be held on Friday, 28 July, and will feature Breakthrough Mental Health Foundation Chief Executive Officer John Mannion, and 2023 Australia of the Year Taryn Brumfitt.

The third session - Women's Advancement - will be held on Friday, 25 August, with former Prime Minister Julia Gillard.

## **Order of Australia Medal**



Congratulations to Susanne Harris our amazing Days for Girls and SA State Coordinator and past board director. She was listed on the King's Birthday 2023 Honours List. Suzanne was awarded the Medal of the Order of Australia





For services to women in a range of organisations.

Congratulations to Jenny for achieving this wonderful honour in recognition of her tireless work on behalf of women – especially with Birthing Kit Foundation Australia and Zonta Club of Adelaide Torrens.



## District Conference 2023



A Better World

# ZONTA DISTRICT 23 CONFERENCE REGISTRATION

Registration for the upcoming D23 Conference in Bunbury from 1<sup>st</sup> – 3<sup>rd</sup> September 2023 will be online from **June 2023**.

Please watch out for this information to come to your inbox. We had planned to open registration in May; however, we are awaiting the outcome of some sponsorship offers that, if successful, will result in lower registration fees for you all.

Please go ahead and book flights and accommodation. See previous Conference Newsletters for information. www.zontadistrict23.org.au

Sandra Burns and the Conference Committee.

Enquiries: zontad23conf@gmail.com

# International Convention - 27 June - 1 July 2024 Brisbane Convention Centre QLD



# We are grateful to our supporters





#### Zonta South Australian Clubs meeting nights

Adelaide 1st Wednesday Adelaide Hills 4sh Wednesday Para District 1st Tuesday Gawler 2nd Wednesday Mt Barker 3rd Tuesday Riverland 1st Tuesday Adelaide Flinders 3rd Wednesday Adelaide Torrens 2nd Tuesday Fleurieu Peninsula 4th Tuesday Noarlunga S. Vales 4th Wednesday Port Lincoln 4th Tuesday Lower Eyre 3rd Tuesday

Our club meets on the fourth Wednesday of the month 6.30 for 7.00 pm start.

Zonta Club of Adelaide Hills Leadership Team 2022 -2023

President: Julie Hallifax
Vice President: Pam Mayer
Secretary: Coraine Sopru
Treasurer: Amanda Waldock
Directors: Margaret Parsons
Susie Clarke
Janet Stephenson

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