



ZONTA
 CLUB OF
 ADELAIDE HILLS INC
 MEMBER OF ZONTA INTERNATIONAL
 EMPOWERING WOMEN
 THROUGH SERVICE & ADVOCACY

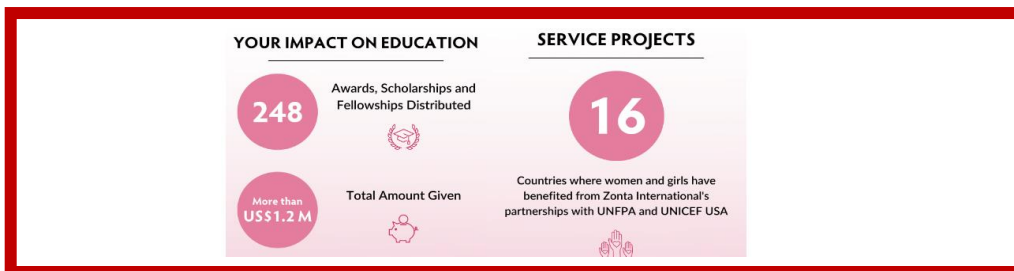
PO Box 799, Blackwood, South Australia 5051 ★ Website: zontaadelaidehills.org.au
 ★ Email: zcahills@gmail.com ★ www.facebook.com/ZontaAdelaideHills
 ★ Chartered 8TH June 1987 ★ Zonta International, District 23, Area 2, Club No. 1180

Zonta International

- ★ **Mission** Zonta International is a leading global service organisation of professionals empowering women worldwide through service and advocacy.
- ★ **Vision** Zonta International envisions a world in which women's rights are recognised as human rights and every woman is able to achieve her full potential. In such a world, women have access to all resources and are represented in decision making positions on an equal basis with men. In such a world, no woman lives in fear of violence.
- ★ **Theme** Empowering Women through Service and Advocacy.

Save the date:

March 2024	Wed 27 th	ZCAH Dinner meeting. Guest speaker: Juanita Carter, topic: A life well travelled.
April	Wed 24 th	ZCAH Dinner meeting.
May	Sat 4 th	Area 2 Workshop. Payneham Library. 10.00 am to 4.00 pm. See this edition for more information. Booking details will be emailed soon.
June	27 th to 1 st July	Zonta International Convention to be held at the Brisbane Convention Centre.
October	TBA	Open Garden Gala, Pam Mayer's home at Rosslyn Park.
	TBA	ZCAH - Fella Hamilton Fashion Parade.



ZAH News

March 2024

**Dinner meeting:
 Wednesday 27th
 March 2024**

Venue:
Castello's Cucina,
 Living Choice,
 123 Fisher Street,
 Fullarton.
6:30 for 7:00 start
 All welcome

Guest speaker:
 Juanita Carter,
 topic: A life well
 travelled.

Objects: Sharon G
 Intro: Julie M-I
 VOT: Janet S

Next Board meeting:
 10th April 2024

REMEMBER: If unable to attend the meeting please contact Doone **before 12 noon**, by the Monday before the meeting.
 Ph: 0422024240.

Happy Birthday

Bev – 24 March
Pam – 24th March



President's message

I hope you have all survived the very hot March we have experienced and managed to get to enjoy some of the Fringe and Festival events that Adelaide has showcased.

On Monday evening, with several members of our Club, I attended an evening with Valerie Browning. What an inspirational woman, and a very educational evening. I think we all came away challenged by what we had heard and feeling very blessed to live the life we do. Michele has provided an article on the evening later in the Newsletter.

March is a month for reflection on what we have achieved and for planning for the year ahead for us. It has been a year of

recovery after Covid, and thankfully we are moving forward well. We now look to build on what we did achieve.

I'm looking forward to the Area 2 Workshop on 4 May at the Payneham Library. A combined effort by the local clubs, and an interesting array of speakers. I encourage you to attend – a great chance to catch up with old friends and make some new friends, while hearing what is planned for the year ahead.

I am looking forward to seeing you all on Wednesday.

Yours in fellowship

Julie Hallifax ★

Helen Oxenham OAM was given the keys to the City of Onkaparinga at a ceremony in Christie's Beach on February 22nd. An early domestic abuse fighter in South Australia, she began the first women's shelter in the community in the 1970's.

More recently, Helen and her daughter created the "Spirit of Woman" Foundation which has funded a beautiful garden in honour of domestic and family survivors and those who have died as a result of DV. She has been and continues to be a leading light and activist for women in her community.



“Conditions are never perfect. ‘Someday’ is a disease that will take your dreams to the grave with you. ...

If it's important to you and you want to do it ‘eventually,’ just do it and course correct along the way.”

—Tim Ferriss



Zonta Club of Adelaide Hills Inc. Wine Fundraiser

2023 Red Wine Bottling

O'Leary Walker 2022 Clare Valley Shiraz

Once again, we have an exceptional value Shiraz from O'Leary Walker. The 2022 vintage is a beautifully balanced wine with subtle chocolate and red berry spice, balanced with elegant cedary French oak. A flavoursome wine with good complexity and beautiful structure that gives this wine its aging potential. Wine Maker Nick Walker has described this vintage as "an absolute cracker."

With Holdfast Beef Steak and Burgundy wine labels

Orders close Friday 12th April.

Estimated delivery Tuesday April 23rd, we will inform you of delivery instructions.

Please notify Julie Monis-Ivett of all orders jmonisivett@gmail.com

ORDER FORM for O'LEARY WALKER 2022 Clare Valley Shiraz

Name:		
Shiraz		
Dozen	@ \$130/dozen	\$
	Total	\$

Please notify Treasurer, Amanda Waldock of all payments waldock_amandaj@hotmail.com

Direct payment to:

Account: Zonta Club of Adelaide Hills Inc. BSB: 633-000 Account Number: 179137476

It is essential you include your name and brief details on the payment.



An Evening with Valerie Browning

On Monday 18th March, I was lucky to meet and listen to the inspiring Valerie Browning.

For those who are unfamiliar, Valerie is an Australian nurse who has lived in Ethiopia among the Afar nomads for over 30 years. She founded the Afar Pastoral Development Association, and her family funded the Barbara May Hospital in Ethiopia.

Others may know Valerie from her association with the Birthing Kits, which are used as part of her association's work to improve maternal and child health outcomes.

Valerie is currently touring Australia with the assistance of Birthing Kit Foundation and Ethiopia Aid to raise awareness and financial support for the Afar people who are experiencing significant hardship as a result of drought, famine and conflict, which has led to malnutrition and increased mortality in birthing mothers and children.

One of the highlights of her talk gave us insight into the cultural traditions of the Afar people which include practices dating back to the times of Egyptian pharaohs.

Here are some fascinating takeaways from her talk:

- The Afar people are blessed with high morality, they do not accept disrespectful language or behaviours such as lying. Women are highly respected, and it is not acceptable to touch a woman or ask her personal questions unless she raises the topic herself.
- The Society is governed by Clan Leaders who are responsible for the community's rules and practices. These leaders are actively working together and, with their communities, to stop traditions that cause harm. Valerie and her association have been integral in bringing together these leaders to learn and discuss practice changes.
- Female genital mutilation (FGM) and early marriage of girls at ages of 14-15 are cultural practices which originated as forms of protection. The Clan leaders are actively supporting the end of FGM as a cultural practice because they do not want to cause harm.
- When a Clan Leader rules that a practice should not be done, and a community member disobeys this rule, they are punished. This can involve the loss of goats or more significantly, being shamed, which is very damaging to an Afar person.

One of the threats to the changes that Valerie has helped support is the breakdown of the education system, without ongoing education, bad health practices are at risk of reemerging. As a result of conflict, schools closed in 2021 and some have not reopened, other issues include having the wrong curriculum and disengaged teachers, leading to a vast majority of students not passing year 12 exams and others missing out on the opportunity to learn to read and write.

An Evening with Valerie Browning continued

Listening to Valerie share her story and the story of the Afar people is a vital reminder of our need to be considerate and thoughtful of the global community, as Valerie stated during her talk, 'the world is not limited to Adelaide or Australia, it has greater diversity, and this diversity needs to be protected or we risk losing valuable knowledge of how to care for the land. The Afar people are at risk of extinction'.

We can support Valerie's work through donations to Birthing Kits Foundation who fund the education of birth assistants and the production of birthing kits, also to Ethiopiaid <https://ethiopiaid.org.au/>

In the next newsletter I will share how Valerie and her association are working to end the six cultural practices that cause harm to birthing mothers and children.

Michele Moreau



Who will fill our shoes?



District 23 – Area 2 Workshop

Saturday 4 May 2024 10.00 a.m. – 4.30 p.m.

Payneham Library

Including

- Introduction of Lieutenant Governor – Area 2 Director
- Sandra Venn Brown – Diversity in Membership
- The Voice of Youth – Riverland Girl Guides
- Zonta Australia Presentation – Bridget Mather and Lesley Siegloff
- Celebrating Area 2 Advocacy – how we have used our voice
- Market Place and Raffle

Booking information will be available soon, watch out for the email.

Birthing Kit Project Workshop at Convention

I thought that club members may like some explanation about how come we are holding 2 Birthing Kit workshops at Convention and not presenting the Resolution that was supported at Conference.

Background: The Ambassadorial Committee was established in 2023 to help facilitate the recognition of Zonta by the BKFA. This committee had 3 current Zonta District Governors, 3 BKFA Ambassadors, BKFA Patron PIP Val Sarah, Past D22 Governor Bridget Mather, BKFA Chairperson and Zontian Jenny Weaver, BKFA Director and Zontian Julie Monis-Ivett (Chairperson), and Adrian Harris BKFA Business and Operations Manager. We represent strong Zontians all dedicated to the birthing kit project.

From this group came a recommendation for the Resolution below that was presented at the 3 District Conferences **“That Zonta International and the Zonta Foundation for Women support the Birthing Kit Foundation Australia’s work in supplying clean birthing kits and education projects into developing countries for the biennium 2024–2026.**

Once passed at Conference this was presented to Zonta International by the District Governors.

The Ambassadorial Committee was given clear direction in January from ZI that we could not present a Resolution to Convention AND have a workshop as it would give an air of campaigning for a cause.

The committee then decided that the best way forward was to hold a workshop this year and present the Resolution into the future. The purpose of the workshop is to expose as many Zontians as is possible to the simplicity of assembling birthing kits and the impact of them in a presentation, to enthuse them to join us on this journey.

Very generously the Convention committee allocated two workshops times on Thurs 27 June, 9:00 – 10:30 and 1:30 – 3:00 in the large mezzanine room which can hold easily 200 - 300 at a session. We will need to assemble at least 5000 kits. To help facilitate this we have asked that clubs book their BK Assembly Days to be held at the Convention **as soon as is possible**, at the latest before May 16th. We need club support to assemble around 2,500 kits per workshop. Can I thank our Board for passing a recommendation to have our assembly day for 1200 kits at the Convention – so much appreciated. We have asked Zontians who wish to volunteer at the workshop to book when registering.

Expect Respect Project Workshop at Convention

You may not be aware but our club is no ordinary Zonta club – we punch well above our weight. We have 2 projects from our club being presented at the Convention workshops – both rated highly by the Convention committee. There are many disappointed clubs who were rejected.

In 2014 at the ZI Convention, the Expect Respect project won 4th prize for a project that addresses violence against women at a club level. Bev will be there to fly the flags for the Expect Respect project – it would be lovely if she had more support.

For those who have not made up their minds whether to go to Convention or not, do know it is an inspirational time to see Zonta members world-wide and all the colour and pageantry of the beautiful clothes. You meet the most interesting and committed Zontians - some become best friends. You get to know why we are part of an international organisation and the nuts and bolts on how it functions - which I love.

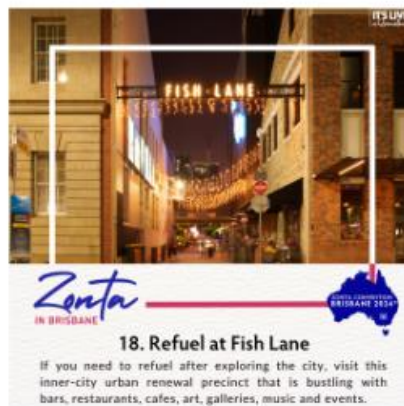
Julie Monis-Ivett OAM
Ambassadorial Committee Chairperson
National Coordinator of District Zonta Birthing Kit Project
Zonta Club Adelaide Hills Inc.
BKFA Director

International Convention - 27 June – 1 July 2024
Brisbane Convention Centre QLD

Will we see you in Brisbane, Australia?

The 2024 Zonta International Convention is just around the corner, so take advantage of **early bird registration** now before it **ends on 15 March!**

As we count down to convention, discover the beauty of Brisbane and create unforgettable memories with your fellow Zontians by exploring the various **tours and activities** available. Discover the thrill of adventure and immerse yourself in the wonders of this magnificent city by **securing your lodging today.**



Zonta's 2024 Convention is supported by Tourism Australia, the Queensland Government through Tourism and Events Queensland and Business Events Australia.

Six Undeniable Facts of Life

1. Don't educate your children to be rich. Educate them to be happy, so when they grow up they will know the value of things, and not just their price.
2. "Eat your food as your medicines, otherwise you have to eat medicines as your food."
3. The one who loves you will never leave you for another, because, even if there are 100 reasons to give up, he, or she, will find that one reason to hold on.
4. There is a big difference between a human being and being human.
5. You are loved when you are born. You will be loved when you die. In between, only YOU are in charge of your life.
6. If you just want to walk fast, then walk alone. However, if you want to walk far, then walk together.



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*Black only

Deal available until the end of April

<https://subscribe.entertainment.com.au/fundraiser/9t34486>

UNICEF Virtual Event. Investing in Women and Girls to Shape the Future

Thank you to everyone who joined the UNICEF Virtual Event: Investing in Women and Girls to Shape the Future. We all play a tangible role in closing the gender gap while empowering the next generation to become leaders. If you were not able to join the virtual event, click on the button below to [watch the recording](#).



<https://unicef.tv/international-womens-day>

<p>Zonta South Australian Clubs meeting nights</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%;">Adelaide 1st Wednesday</td> <td style="width: 50%;">Adelaide Flinders 3rd Wednesday</td> </tr> <tr> <td>Adelaide Hills 4th Wednesday</td> <td>Adelaide Torrens 2nd Tuesday</td> </tr> <tr> <td>Para District 1st Tuesday</td> <td>Fleurieu Peninsula 4th Tuesday</td> </tr> <tr> <td>Gawler 2nd Wednesday</td> <td>Noarlunga S. Vales 4th Wednesday</td> </tr> <tr> <td>Mt Barker 3rd Tuesday</td> <td>Port Lincoln 4th Tuesday</td> </tr> <tr> <td>Riverland 1st Tuesday</td> <td>Lower Eyre 3rd Tuesday</td> </tr> </table> <p>Our club meets on the fourth Wednesday of the month 6.30 for 7.00 pm start.</p>	Adelaide 1 st Wednesday	Adelaide Flinders 3 rd Wednesday	Adelaide Hills 4 th Wednesday	Adelaide Torrens 2 nd Tuesday	Para District 1 st Tuesday	Fleurieu Peninsula 4 th Tuesday	Gawler 2 nd Wednesday	Noarlunga S. Vales 4 th Wednesday	Mt Barker 3 rd Tuesday	Port Lincoln 4 th Tuesday	Riverland 1 st Tuesday	Lower Eyre 3 rd Tuesday	<p>Zonta Club of Adelaide Hills Leadership Team 2022 -2023</p> <p>President: Julie Halifax Vice President: Pam Mayer Secretary: Coraine Sopru Treasurer: Amanda Waldock Directors: Margaret Parsons Susie Clarke Janet Stephenson</p>
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