



# ZONTA

CLUB OF  
ADELAIDE HILLS INC

MEMBER OF ZONTA INTERNATIONAL  
EMPOWERING WOMEN  
THROUGH SERVICE & ADVOCACY

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★ Chartered 8<sup>TH</sup> June 1987 ★ Zonta International, District 23, Area 2, Club No. 1180

Honour & Empower



**ZAH News**

**May 2020**

## Zonta International

- ★ **Mission** Zonta International is a leading global service organisation of professionals empowering women worldwide through service and advocacy.
- ★ **Vision** Zonta International envisions a world in which women's rights are recognised as human rights and every woman is able to achieve her full potential. In such a world, women have access to all resources and are represented in decision making positions on an equal basis with men. In such a world, no woman lives in fear of violence.
- ★ **Theme** Empowering Women through Service and Advocacy.

## Save the date:

2020 May	Wed 27 <sup>th</sup>	ZCAH Club Meeting Via Zoom. Log on 6.45 for 7.00 pm.
	Thur 28 <sup>th</sup>	District 23 Zoom Webinar registrations close.
	Sat 30 <sup>th</sup>	District 23 Zoom Webinar. 12.30 pm. See details this edition. Registrations close 28 <sup>th</sup> May.
June	Wed 10 <sup>th</sup>	Board Meeting via Zoom 7.00 pm
	Sat 13 <sup>th</sup>	Building Better Boards. For Presidents, Vice Presidents & Treasurers.
	Sat 20 <sup>th</sup>	Area 2 Advocacy Meeting. Hosted by Zonta Club of Fleurieu. Details to come.
	Wed 24 <sup>th</sup>	ZCAH Club Meeting. 6.45 for 7.00 pm.
Sept		Area 2 Advocacy Meeting to go ahead. Details to follow.
Sept		Zonta International Convention Chicago - cancelled. Voting electronically to go ahead, more information to follow.

## Next Meeting:

**The May meeting will be held on May 27<sup>th</sup> via Zoom, due to the social distancing requirements in place to reduce our exposure to COVID-19.**

## A thought for the day:

*In always wanting to be comfortable, you become lazy. In wanting perfection, you become angry. In always wanting to be rich, you become greedy. Sri Sri Ravi Shankar!*

## Birthdays:

Joy - 16<sup>th</sup> June



## Presidents Report

I hope this ZAH News find everyone well, safe and occupied. I look forward to seeing everyone on the *little* screen this Wednesday evening via Zoom. You will have received the link to click on your computers or other electronic devices by now if not please call me. You can join us on your computer, laptop, tablet, or phone, but you may have difficulty if you do not have a modern computer. If you have any concerns about joining in the meeting please contact either myself or Amanda and we will do our best to connect you. The focus of the meeting will be on welcoming the new President and board, which is exciting (especially for me), but there is some business to conduct too and we have a guest speaker as well. All brought to you by the magic of electronic communication!

Since our AGM and April club meeting there has been quite a bit of action in Zonta with the electronic work now completed to register our renewing members and club delegate and alternate, forward our ZIF donation and membership dues etc. In return I have received materials about the proposed Zonta International projects for the next biennium, candidates and much more.

The Area workshop is going ahead but in a different form. It is now a District Webinar. Please register to join by this Thursday. The poster with details is included in this ZAH News. Some Area Advocacy meetings will also be happening most likely via zoom in the short term, but with SA doing so well we may be meeting in person before we know it.

You will have received the proposed Projects in an email recently. There are 4 Projects as follows; Ending Child Marriage (continuing), Let Us Learn Madagascar (continuing), Delivering Survivor-Centered Response to Gender- Based Violence Survivors in Papua New Guinea and Timor-Leste (new), Adolescent Girls' Health and Protection in Peru (new). The first of the new proposed projects (Adolescent Girls in Peru) is published in this edition of ZAH for us to focus on this month. The Programmes have not changed for this next 2 years with the pilot "Women in Technology Scholarship" proposed to continue. In addition, a study

of participation in both the Women in Public Affairs Award and the Jane M. Klausman Women in Business Scholarship will be conducted during this next two years with recommendations to go to the following convention. To sum up, the emphasis for Projects being run with UN agencies and Programmes is Education and Eliminating Violence Against Women. Two Projects have dropped off and two new projects are proposed, all Programmes (awards and scholarships) remain unchanged but are being reviewed and improved.

Lynda and Amanda attended the President's meeting a few weeks ago and have heard about some work being done in the Noarlunga Club to support two families which have been devastated by Family Violence since the isolation conditions. They have invited Jane Morrison (ZCNSV) to speak to us about it at the Zoom meeting. This is local business and I look forward to hearing what they are doing there. I have received my "Birthing Kits at Home" pack so I'll be getting one or two friends over to share some time and get that done very soon. Thank you to all who have been continuing to work for women even-though we are not getting together to do so.

Did everyone see the latest news from our Poster Girl Doone in the Sunday Mail this week? See photo below! We are proud of you Doone and I love the way you take a great photo.

In closing I would like to acknowledge the great work that all members have done in our club and to thank our three members who are retiring from Zonta this year. Judy, Anne, and Marilyn have contributed greatly to our work over many years, have brought their skills and talents and made great memories for us all. We wish them good fortune and a nice rest from meetings, but we will also miss them greatly. I am sure we will stay in touch thanks to the grapevine and see them at future gatherings. We will also be missing Janet Ayliffe-Ash and Barbara Waddell-Smith for this year as they take a break to concentrate on family, health, and business. It will be good to catch up with Janet and Barb in the future and hear their stories around the table again.

**Bev Hocking**



# Hearts open to foster kids

REBECCA DIGIROLAMO

FOSTER care inquiries in SA have increased by more than a third during the COVID-19 lockdown, say service providers and authorities who believe more of us are using the downtime to consider helping others.

Life Without Barriers says foster care inquiries were up 38 per cent from April to mid-May compared to the same time last year.

Centacare foster care manager Amalie Mannik said they also had an increase, of 35 per cent, in inquiries last month.

"We have attributed this to people being at home, reflect-

## Lockdown linked to rise in care inquiries

ing on what is important to them," she said.

A social media campaign launched by the Department for Child Protection two weeks ago is also driving 30 per cent more inquiries to its foster care website.

Latest figures show there were 4270 children in care on March 31, compared to 4241 on February 29. Up to 85 per cent are cared for by foster parents, family members or close friends. This compares to the national average of 93 per cent.

More than 500 SA children and young people are currently living in accommodation staffed by rostered carers.

Advocates have long complained that the increasing numbers of children entering care is outstripping the number of foster families available.

DCP chief executive Cathy Taylor said carers of greatest need were those for siblings, children with a disability, older children and adolescents, as well as carers in regional areas, including Mt Gambier.

"Not all foster care requires a long-term commitment," she said. "You can also offer as much or as little time as you can manage with respite, short-term and emergency or long-term care."

Shane Maddocks, chief executive of accare (previously Anglicare), said an increase in inquiries – particularly from regional SA – was welcome, and followed the agency's recent use of webinar-style information sessions to help build interest.

Accare supports the carers of 250 children and young people across regional SA.

"Like all parts of SA, in regional areas we always need more people to welcome vulnerable young people into their lives and ensure they have safe homes and positive relationships," Mr Maddocks said.

Child Protection Minister Rachel Sanderson said the coronavirus outbreak had allowed many people to "take a step back and to think about the

positive changes we can make in our lives and the impact we can have on those in our community".

"I'm sure there are plenty of people out there who have thought about foster care before but never had the time to find out more and truly consider it," she said.

Ms Sanderson said stability and permanency were vital for good outcomes for children.

"Foster care gives young people an opportunity to have a family when they're not able to live with their biological family, for whatever reason."

**DETAILS: 1300 2 FOSTER (367 837) OR VISIT FOSTERCARE.SA.GOV.AU**

**HELPING HANDS:**  
Pauline Glover and  
Doone Winnall  
knitting blankets for  
foster children.  
Picture: MARK BRAKE



## Warm gesture to show they're loved

REBECCA DIGIROLAMO

AN ASSEMBLY line of knitters and sewers across the state have not let the lockdown slow them down, delivering 50 handmade woollen rugs individually chosen for children in foster care.

Centacare will deliver the rugs to children under guardianship orders as they settle into foster homes – some for the first time – across Adel-

aide over the next month. "Children in care can often experience a lot of change and loss of possessions, which makes these personalised rugs something meaningful that can follow them along their care journey," Centacare foster care manager Amalie Mannik said.

No rug is the same – despite more than 2400 being made in the past 15 years.

And each one is finished

with a label that tells the child their rug has been "Handmade with love by friends".

"Our cause is to make a rug for a stranger and let them know that someone is thinking of you, and we hope this will keep you warm and help you know that you are loved," Pauline Glover, co-founder of Rugs With Love, said.

"We may never know who we're making these rugs for but we know they're important."

Rugs With Love is a group of women aged 40 to 90 from Wudinna, on the upper Eyre Peninsula, to Mt Gambier.

So far this year they have created 130 rugs for children in care, despite COVID-19 restrictions stalling opportunities to knit as a group.

They also donate their rugs to women affected by domestic violence as well as the Smith Family for reading mats.

Ms Glover, from Dover Gardens, and friend Dianne Evans, of Parkside, started Rugs With Love in 2005 while spending Easter together knitting woollen squares.

"We had five rugs the first year," Ms Evans said.

"Then other people came on board and wanted to knit. So, it became 40 rugs, and then 70, and now we are into the two-hundreds each year."



# Adolescent Girls' Health and Protection in Peru



© UNICEF/UNI40748/BALAGUER

**2020-2022 Funding:**  
US\$1,000,000 to UNICEF USA

**Goal:**

Improve the capacity of services to respond to the health needs of adolescents—especially girls—in a timely manner and prevent violence in schools in the regions of Huancavelica and Ucayali.

**Specific objectives:**

- Improve the response of the health sector in the provision of quality, comprehensive and differentiated adolescent care, with an emphasis on mental health care and violence prevention for girls.

- Improve the capacity of the protection and education sectors to promote health and prevent and address all types of violence in schools, especially gender-based violence, in a timely manner.

The **Adolescent Girls' Health and Protection** project will contribute to guaranteeing the rights of indigenous and rural adolescents, especially girls, and respond to their needs by preventing pregnancy, addressing mental health concerns and providing a protective environment from violence by providing quality, gender-sensitive, and culturally adapted health, education and protection services.

Defined by the Peruvian government as the ages of 12 to 17, adolescents constitute 11.2% of the population, or 3.5 million people. Until recently, UNICEF's program interventions for children focused on younger age groups, while services for adults are not designed to cater for the distinct needs of adolescents.

**The project will benefit:**

- 31,082 adolescents (approximately 15,230 girls)
- 100 health personnel from 10 health care establishments
- 72 principals and teachers in 24 schools
- 14,000 families of adolescent beneficiaries

**zonta.org**



## Adolescents in Huancavelica and Ucayali\*

- In Huancavelica, **64.1% of adolescents** used a health service. Of these, 54.2% accessed the adolescent comprehensive health care plan.
- Only **36.3% of adolescents** who accessed that comprehensive health care plan were screened for nutritional status and only 53.8% were screened for violence.
- **57.2% of adolescents** in Huancavelica complete secondary school, and 14.1% of adolescent girls there are either pregnant or already mothers.
- In Ucayali, **40,935 adolescents** used an outpatient health service. Of these, only 12.7% initiated an adolescent comprehensive health care package, and just 4.4% completed it.
- **58.2% of adolescents** in Ucayali complete secondary school, and 20.2% of adolescent girls are either pregnant or already mothers.

\*Data is from 2018.



## Strategies

- Develop and/or update adolescent health care guidelines and/or protocols (e.g., the active identification of cases of violence against children) with the active participation of adolescents, especially girls.
- Implement an in-service training program for health care and other service providers in adolescent health. The five training modules are: adolescent sexual and reproductive health; adolescent mental health; nutrition; gender and adolescent health; and effective management of adolescent health services.
- Carry out a communication strategy to improve adolescents' access to information and services related to their health and integral development.
- Strengthen communication and referral mechanisms between health and protection services in project areas.
- Build the capacity of health personnel to provide adequate response to cases of sexual violence.
- Implement strategies that promote a healthy lifestyle and environment in secondary schools, including advocacy activities to ensure that health promotion is being prioritized within the school's annual plans, high-quality reproductive health education, technical assistance and support for the implementation of the Health Kiosk Guidelines, and the development of plans to improve school environments (e.g., clearing fields for recreational spaces, improving toilets, etc.).
- Design, evaluate and implement methodologies for violence prevention in schools, with an emphasis on violence experienced by girls in project regions.
- Develop a diagnostic and monitoring tool for school coexistence and violence prevention in project schools.
- Train school principals and teachers on response protocols to in-school violence, and disseminate in-school violence reporting mechanisms amongst the education community.
- Strengthen mechanisms to implement administrative sanctions at the national and sub-national levels for in-school violence committed by adults.

## Expected Outcomes



**10% increase** in number of adolescents screened for mental health problems in project health facilities.



**5% increase** in number of adolescents with comprehensive health care in project health facilities.



**100 health care professionals** receive training on adolescent-friendly health care and how to provide adequate response to cases of sexual violence.



**10 health facilities** are trained to respond to cases of physical, psychological or sexual violence in coordination with other services.



**Eight project schools** provide students with health promotion activities related to mental or sexual health and nutrition.

**24 schools** provide health promotion activities that promote healthy lifestyles and environments and implement validated physical, sexual and gender-based violence prevention and school-based response strategies.

**72 principals and teachers** are trained to recognize violence and implement violence response protocols using reporting mechanisms.



**ZONTA**  
INTERNATIONAL  
DISTRICT 23  
EMPOWERING WOMEN  
THROUGH SERVICE & ADVOCACY

**Saturday 30 May 2020**

**1PM AEST 12.30 ACST 11am AWST**

**Registrations close 28<sup>th</sup> May**

**[www.trybookings.com/BJNJD](http://www.trybookings.com/BJNJD) Free event**

**Zoom details to be provided closer to the event**

# Honour and Empower



## Guest Speakers

**Loren Days – Director, Practice Leadership of Our Watch**

**Shani Cain – Past D23 YWPA Recipient/CEO of Oaktree.**

### **Presentations also from:**

**Governor Jane Adornetto Governor Elect Sandra Burns**

**Advocacy Chairman Christine Hepburn Past International President Val Sarah.**

For those embracing new technology, a webinar is more like an auditorium presentation where you will see the speaker and information, but not the participants.

Q & A will be conducted via chat box.

Please direct any enquiries to [zontadistrict23@yahoo.com.au](mailto:zontadistrict23@yahoo.com.au)

The things that matter most can't be copied. You can copy goals, you can't copy discipline. You can copy ideas, you can't copy execution. You can copy answers, you can't copy understanding. You can copy thinking, you can't copy thinking for yourself. Shane Parrish



## Breast cushions



Another 30 breast cushions have been produced by our members which will be added to our stock to be distributed to Ashford and Modbury hospitals for women who have undergone breast surgery. Because of the huge demand, Irene has been furiously cutting out and there is another 30 or more to be sewn by Doone, Sherry, Sharon and other members. Jill & Lorna kindly deliver them to the hospitals where they are gratefully received.

## Birthing Kits at home



At the end of our recent AGM it was proposed that the club goes ahead with our planned Birthing Kit Assembly activities. A motion was passed and 200 kits at \$1000 has been purchased.

Given all the changes with COVID-19, the Birthing Kit Foundation has devised a way for kits to be assembled on a smaller scale within people's homes as the need for these life-saving packets hasn't decreased.

Our club has now received the 200 kits which are boxed separately into 40. Please let Amanda know if you would like to participate in the assembly of a box. With isolation restrictions starting to ease, some face-to-face contact is possible for many of us. We have four weeks to assemble them and return to Amanda.



## **WHITE RIBBON MOVEMENT IS IN SAFE HANDS IN AUSTRALIA AND THE FUTURE LOOKS GOOD**

White Ribbon Australia has begun a new and exciting chapter under the stewardship of Communicare, a dynamic organisation with a distinguished reputation and sound record over more than 40 years as a provider of innovative services and an advocate of social and economic inclusion.

The global White Ribbon Campaign aligns with Communicare's values and reflects their long-standing commitment to the major national issue of eliminating violence against women and their children. They will employ their significant expertise to continue to expand White Ribbon's considerable profile throughout Australia, highlighting the need for men and boys to be engaged in this challenge.

The White Ribbon movement relies on the commitment of individuals, organisations, businesses and schools around the country and Communicare is currently consulting and collaborating with communities and stakeholders to develop plans, policies and preventative strategies that will form the foundation for the future of White Ribbon in Australia and ensure its success.

While we had planned for the thirteenth annual Adelaide White Ribbon Breakfast to be held at the Adelaide Convention Centre on Tuesday 24 November 2020, due to current circumstances we are maintaining a watching brief and will be guided by government advice.

You may be aware that domestic violence has been on the increase during the COVID-19 pandemic isolation measures. Given the restrictions it is difficult for many of us to engage with the community to prevent DV as we have in the past. We are sure you are doing all you can to keep women and children as safe as possible. It demonstrates the need for us to maintain our commitment to reduce and eradicate DV from our community.

With Communicare now custodians of White Ribbon Australia, we can recommit ourselves to this great global movement. In the meantime, we will keep you informed of any further updates and look forward to continued strong community support.

## **Adelaide White Ribbon Breakfast**

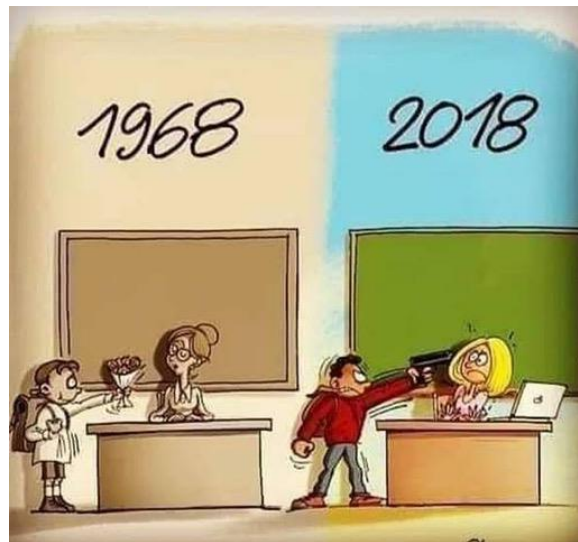






The Entertainment Book has gone fully digital this year. If you would like to support our club by purchasing it again please feel free to contact me and I can provide you with the details of how to download it.

Margaret Bunfield  
 Phone 0435012970  
[mbunfield6@hotmail.com](mailto:mbunfield6@hotmail.com)



#### Zonta South Australian Clubs meeting nights

Adelaide 1st Wednesday	Adelaide Flinders 3rd Wednesday
Adelaide Hills 4th Wednesday	Adelaide Torrens 2nd Tuesday
Clare & District 3rd Tuesday	Fleurieu Peninsula 4th Tuesday
Gawler 2nd Wednesday	Noarlunga S.Vales 4th Wednesday
Mt Barker 3rd Tuesday	Port Lincoln 4th Tuesday
Riverland 1st Tuesday	Lower Eyre 3rd Tuesday
Para District 1st Tuesday	

When our meetings resume, our Club will meet on the fourth Wednesday of the month 6:30pm for 7:00pm start at Belair Hotel 141 Main Road Blackwood South Australia

#### Zonta Club of Adelaide Hills Leadership Team 2019 – 2020

President: Bev Hocking  
 Vice President: Amanda Waldock  
 Secretary: Pam Mayer  
 Treasurer: Margaret Granger  
 Directors:  
 Jill Heylen: (Service Convenor)  
 Janet Stephenson: (Fundraising Facilitator)  
 Di Bartel: (Advocacy Convenor)

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